

Date/Day: September 26th 2026, Saturday

Title: Report on Field Visit to Shirgaon Fort, Shirgaon Beach & Silent Hill Resort

Objectives:

The field visit was organised with a multifaceted vision:

- **Academic & Historical Exposure:** To explore heritage structures like Shirgaon Fort, understanding architectural history, local flora, and environmental surroundings.
- **Environmental & Pharmacognosical Sensitivity:** To observe coastal biodiversity, marine ecosystem dynamics, and local medicinal flora along Shirgaon Beach.
- **Mental Well-being & Stress Alleviation:** To offer a restorative break through recreational activities at Silent Hill Resort, reducing academic burnout.

Participating Class: Final Year B.Pharm (Div-B)

Total Students: 51

Class / Year	Girls	Boys	Total
Final Year B.Pharm (Div-A & Div-B)	23	28	51

Accompanying Faculty: Mrs Dipti Chirmade, Dr. Akanksha Singh.

Program Outcomes Addressed: PO2, PO5, PO8, PO9, PO10

Summary of the Activity

- **Date of Visit:** 26th September 2026
- **Location:** Shirgaon Fort, Shirgaon Beach & Silent Hill Resort, Palghar / Manor, Maharashtra
- **Mode of Transport:** College Bus

Activities Conducted

- **Journey & Departure:**

The journey began from the college premises in Jogeshwari West by bus. Breakfast was served to students en route.

- **Educational & Historical Visit to Shirgaon Fort:**

The group arrived at **Shirgaon Fort**, Shirgaon, Maharashtra 401405. Students explored the historical fort architecture built during the Maratha era and observed local plant species growing around the fort walls for potential pharmacognostic interest.

- **Coastal Ecosystem Study at Shirgaon Beach:**

The team moved to **Shirgaon Beach**. Students examined the coastal fauna and vegetation while enjoying the natural landscape. A group interactive photo session and geotagged field activity were conducted under faculty supervision.

- **Recreation & Relaxation at Silent Hill Resort:**

Following the field visits, the group reached **Silent Hill Resort**.

Lunch: All students and faculty members who attended the event were treated to a buffet lunch.

Recreational Activities: Students explored the resort grounds and de-stressed near the pool and nature lawns.

- **Return Journey:**

After completing all activities, the group boarded the bus and returned safely to the college premises.

Conclusion

The field visit to Shirgaon Fort, Shirgaon Beach, and Silent Hill Resort was a well-balanced blend of outdoor learning, cultural appreciation, and recreation. It reinforced H.K. College of Pharmacy's commitment to providing holistic development and experiential learning opportunities to its students.

Photo Gallery:





Key Outcomes of the Visit:

- 1) **Historical & Environmental Awareness:** Direct exposure to heritage sites and coastal flora broadened students' perspective on regional biodiversity and history.
- 2) **Stress Reduction & Wellbeing:** Physical and recreational engagement provided a mental reset, boosting student morale for academic demands.
- 3) **Teamwork & Community Building:** Group activities strengthened peer interactions and faculty-student bonding outside the classroom setup.
- 4) **Leadership & Discipline:** Student coordinators ensured systematic movements & maintained safety standards throughout the visit

Links for social media:

LinkedIn	https://lnkd.in/p/dEswsTMe
Facebook	https://www.facebook.com/photo/?fbid=1590942623045374&set=a.470185965121051
Instagram	https://www.instagram.com/p/Dd_QmWCPFJ/?utm_source=ig_web_copy_link&stk_n=MzRIODBiNWFIZA==



Mrs Dipti Chirmade
Event co-ordinator



Dr. Archana Upadhya
IQAC coordinator



Dr. Tushar Lokhande
Principal



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