

Date: February 16th – 17th, 2026 (Monday/Tuesday)

Title: Field Visits to NAB-Lions Home for Aging Blind, Khandala & Mapro Garden-Lonavala

Objectives:

The excursion was organised with a multifaceted vision:

1. **Social Responsibility:** To sensitise pharmacy students toward the needs of the visually impaired and geriatric populations.
2. **Academic Exposure:** To provide a real-world perspective on specialised healthcare and patient management beyond textbook scenarios.
3. **Spiritual & Mental Well-being:** To offer a restorative break through spiritual visits and recreational activities, reducing academic burnout.
4. **Inter-batch Integration:** To encourage networking and mentorship between the undergraduate and postgraduate students.

Program Outcome: PO1, PO2, PO3, PO4, PO6, PO10.

Destination: Lonavala, Maharashtra.

Participating Students: Students were from Final Year (Div- A & B) B.Pharm, Third Year (FY A & B) B.Pharm, and M.Pharm (First Year & Second Year)

In-Charge Faculty: Ms. Dipti Chirmade, Dr. Mohd. Wais, Dr. Archana Upadhyia, Dr. Akanksha Singh, Mrs. Rachel Britto, Mr Amol More, Mrs. Jyoti Bhalerao and Mrs. Rashmi Ghuge.

Participants Details:

Total No. of students Registered for Picnic

Sr. No	Year	Girls	Boys	Total
1	T.Y. B.Pharm Div-A	23	15	38

Sr. No	Year	Girls	Boys	Total
2	T.Y. B.Pharm Div-B	27	24	51
3	Final.Y. B.Pharm Div-A	25	27	52
4	Final .Y. B.Pharm Div-B	20	25	45
5	M.Pharm F.Y	6	7	13
6	M.Pharm S.Y.	3	3	6
Total No of Students		104	101	205

Summary of the activity:

DETAILED ITINERARY & ACTIVITIES

Day 1: Social Awareness and Recreation (Feb 16)

The journey commenced at 07:00 AM from the college premises. After a nutritious breakfast en-route, the group reached Khandala for the primary institutional visit.

Visit to NAB Lions Home for Aging Blind

The cornerstone of the trip was the visit to the NAB Lions Home for Aging Blind. Established in 1970 by the National Association for the Blind (NAB) India, this home is a sanctuary for elderly individuals who face the dual challenge of aging and visual impairment.

Students spent quality time with the residents, learning about their life stories and the pharmacy management required for long-term geriatric care. This session served as a powerful lesson in empathy and professional ethics.

Afternoon & Evening: Kumar Resort

Following the visit, the group checked into Kumar Resort, Lonavala.

- **Water Park Session:** Students enjoyed the water slides and pools, fostering teamwork and physical activity.
- **D.J. Party & Dinner:** The evening transitioned into a high-energy D.J. session, allowing students to de-stress through music and dance.

- **The Bonfire:** The night concluded with a cozy bonfire session, where students and faculty shared experiences, strengthening the institutional bond.

Day 2: Spirituality and Exploration (Feb 17)


Narayani Dham Temple

The second day began with a visit to the **Narayani Dham Temple**. The serene marble architecture and the peaceful environment provided a spiritual start to the day. Students appreciated the cleanliness and the tranquil atmosphere, which offered a moment of introspection.

Visit to Mapro Garden & Local Sightseeing

Before departing Lonavala, the group visited **Mapro Garden**. Students engaged in local shopping, supporting the regional economy while enjoying the scenic beauty of the plantations.

Brochure/Photo Gallery:



**ITINERARY SPECIALLY DRAWN FOR THE STUDENTS OF
 H. K. COLLEGE OF PHARMACY
 MUMBAI – LONAVLA – MUMBAI
 (1 NIGHT & 2 DAYS)**

Day – 1 16-02-26	06:30 A.M.	Assemble at College.
	07:00 A.M.	Departure for Lonavala.
	08:30 A.M.	Packed Breakfast.
	10:00 A.M.	NAB VISIT.
	12:30 P.M.	Lunch followed by Check in to the Kumar Resort.
	02:00 P.M.	Enjoy Kumar Resort Water Park.
	05:30 P.M.	Hi-tea.
	07:30 P.M.	D.J. Party Followed by dinner and Games.
	11:30 P.M.	Lights off.
Day – 2 17-02-26	08:30 A.M.	Breakfast and Check Out
	10:00 A.M.	Local sightseeing, Mapro Garden and Shopping.
	01:00 P.M.	Lunch
	03:00 P.M.	Departure for Mumbai.
	06:30 P.M.	Arrival College.

HOTEL NAME: KUMAR RESORT - 202B, Old Mumbai - Pune Hwy, Gautam Park Society, Rao Colony, Lonavala, Maharashtra 410401.

KIT LIST:(1) Comfortable Foot Ware (2) Mosquito Repellants (3) Sun Cap (4) Decent and comfortable Civil Dress (5) Torch (6) Water Bottle (7) Note Book & Pencil (8) Toilet Kit (9) Medicine if required (10) Light Woolens (11) Carrying Expensive Articles at your own risk (12) Any damage to the property will be borne by the same student (13) College ID Card and Adhar Card compulsory. (14) Nylon Clothes Compulsory.

Head Of: Plot No. 14, Tower No. 18, Sahaj Corde, Society I.M. S.V.P Nagar, MHADA, 4 Bungalows, Andhari (West), Mumbai - 400 053
 Plot No. 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000





Key Outcome of the Activity:

The excursion resulted in several impactful outcomes:

1. **Empathy & Social Sensitivity:** Exposure to the NAB Lions Home sensitized students to disability and aging, essential traits for compassionate pharmacists.
2. **Morale Boosting:** The recreational activities provided a necessary "reset," leading to increased student morale for the upcoming academic session.
3. **Holistic Wellbeing:** The combination of the spiritual visit to Narayani Dham and the recreation at the water park helped reduce academic stress and improved student morale. The visit to Narayani Dham highlighted the importance of cultural and spiritual spaces in holistic well-being.
4. **Community Building:** Inter-batch interaction between FY, TY, and M.Pharm students strengthened the "HKCP Family" bond, fostering a culture of mentorship and support.
5. **Leadership & Coordination:** Student coordinators demonstrated excellent management skills in maintaining schedules and ensuring the safety of all participants.

Conclusion

The 2026 Lonavala Excursion was a balanced blend of "Education" and "Excursion." From the heart-touching stories at the **NAB Lions Home** to the energetic celebrations at **Kumar Resort**, the trip was a resounding success. It reinforced H. K. College of Pharmacy's commitment to producing not just skilled professionals, but socially conscious human beings.

Link for social media:

LinkedIn	https://www.linkedin.com/posts/h-k-college-of-pharmacy-mumbai-303524222_hkcp-pharmacystudents-socialresponsibility-activity-7431729186349826049-oP-B?utm_source=share&utm_medium=member_desktop&rcm=ACoAADf2WrMBUFgAeZVznddoMfc3VtpDnyqdS4Y
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Facebook	https://www.facebook.com/photo/?fbid=1392559779550327&set=a.470185965121051
Instagram	https://www.instagram.com/p/DVGy5kGCHib/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==



. Mrs. Dipti Chirmade

Event co-ordinator



Dr. Archana Upadhyaya

IQAC coordinator



Dr. Tushar Lokhande

Principal

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