



**Date/Day:** 12<sup>th</sup> January, Monday

**Title:** NATIONAL YOUTH DAY

**Objective:**

1. To commemorate the birth anniversary of Swami Vivekananda and inspire students to follow his ideals of youth empowerment, self-discipline, and nation-building.
2. To encourage critical thinking, communication skills, and teamwork among students through group discussion.
3. To create awareness about emerging technologies, healthy lifestyles, environmental responsibility, and ethical values among today's youth.
4. To provide a platform for students to express ideas confidently and develop leadership qualities.

**Program Outcome:** PO2, PO3, PO4, PO5, PO6, PO7, PO8

**Details of the Resource Person/Event:** -

**Participants Details:**

**Total no. of college students:** 91

**Total no of Faculty:** 05

**Summary of the Lecture/Activity:** The Pharmacognosy Department of H.K. College of Pharmacy organized a National Youth Day- Group Discussion on 12th January 2026 in the H.K. College of Pharmacy classrooms to celebrate the birth anniversary of the great philosopher Swami Vivekananda.

The program focused on important youth-centric themes such as emerging technologies, eco-friendly initiatives, health and lifestyle management, responsible use of social media, and the role of empathy in society.

Students actively participated in the discussion, shared innovative ideas, and demonstrated critical thinking. The event successfully motivated students to adopt healthy habits, ethical values, and a positive mindset, aligning with Swami Vivekananda's vision of empowered youth contributing to a strong and progressive nation.

## Brochure/Photo Gallery:

MAHARASHTRA EDUCATIONAL SOCIETY'S  
**H.K. COLLEGE OF PHARMACY**  
 Approved by P.C.I. Govt. of Maharashtra & Affiliated to University of Mumbai,  
 NAAC Accredited with Grade 'A'

On The Occasion Of The Birth Anniversary Of Swami Vivekananda

**PHARMACOGNOSY DEPARTMENT**  
 ORGANIZES

**NATIONAL YOUTH DAY**  
**(GROUP DISCUSSION)**

 9:30 am - 11:30pm  
 12th JAN, 2026  
 HKCP Classrooms



**TOPICS**

- Emerging Trends in Future Technologies and Their Impact on Career Opportunities
- Student-Driven Initiatives for Building an Eco-Friendly World
- The Importance of a Balanced Diet and Physical Activity in Student Life
- Role of Adequate Sleep and Healthy Habits in Academic Performance
- Positive Use of Technology and Social Media for Learning and Creativity
- The Role of Empathy and Tolerance in Building a Healthy Society

Dr. Tushar Lokhande (Principal) Dr. Priyanka Goswami Ms. Dipti Chirmade Ms. Jyoti Bandhane (Faculty Co-ordinators)

Vision: To be recognized as the institution providing quality education in pharmacy to serve the healthcare sector.



## Key Outcome of the Lecture/Activity:

- **Confidence building:** - Students learnt to overcome fear of public speaking and public scrutiny.
- **Improved Communication:** - Students learnt to articulate thoughts clearly, logically and persuasively.
- **Critical Thinking:** - Students learnt to analyze information, evaluate evidence, and form logical arguments.
- **Teamwork:** - Students learnt to work effectively with diverse personalities as a team to achieve shared goals.

## Link for social media:

<b>LinkedIn:</b>	<a href="https://www.linkedin.com/posts/h-k-college-of-pharmacy-mumbai-303524222_mes-hk-college-of-pharmacy-celebrated-activity-7417124788592336896-NYUX?utm_source=share&amp;utm_medium=member_desktop&amp;rcm=ACoAADf2WrMBUFgAeZVznddoMfc3VtpDnyqdS4Y">https://www.linkedin.com/posts/h-k-college-of-pharmacy-mumbai-303524222_mes-hk-college-of-pharmacy-celebrated-activity-7417124788592336896-NYUX?utm_source=share&amp;utm_medium=member_desktop&amp;rcm=ACoAADf2WrMBUFgAeZVznddoMfc3VtpDnyqdS4Y</a>
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<b>Facebook:</b>	<a href="https://www.facebook.com/photo/?fbid=1357067383099567&amp;set=a.470185965121051">https://www.facebook.com/photo/?fbid=1357067383099567&amp;set=a.470185965121051</a>
<b>Instagram</b>	<a href="https://www.instagram.com/p/DTfBq76iEI3/?utm_source=ig_web_copy_link&amp;igsh=MzRlODBiNWF1ZA==">https://www.instagram.com/p/DTfBq76iEI3/?utm_source=ig_web_copy_link&amp;igsh=MzRlODBiNWF1ZA==</a>

**Dr. Priyanka Goswami**

**Mrs. Dipti Chirmade**

**Mrs. Jyoti Bandhane**

**Committee Incharge/ Event Coordinator/s**

**Dr. Archana Upadhyा**

**IQAC Coordinator**

**Dr. Tushar Lokhande**

**Principal**

