



**Date/Day: 20th Jan 2026, Tuesday**

### **Sports Day Celebration**

#### **Objective:**

- To promote physical fitness and healthy lifestyle among students.
- To encourage teamwork, discipline, and sportsmanship.
- To develop leadership qualities and self-confidence in participants.
- To provide opportunities for students to showcase their athletic talents.
- To create awareness about the importance of games and physical activities.
- To strengthen unity, cooperation, and social interaction among students and staff.
- To motivate students to participate actively in extracurricular activities.
- To develop competitive spirit with fairness and respect for others.
- To provide recreation, enjoyment, and stress relief through sports activities.
- To identify and nurture potential sports talents for future competitions.

**Program Outcome: PO6, PO7, PO11**

**Participants Details:**

**Total no. of college students: 500**

**Total no of Faculty: 30**

#### **Summary of the Lecture/Activity:**

The Sports Day celebration at H. K. College of Pharmacy was successfully held on 20/01/2026 with great enthusiasm and active participation from both students and faculty members. Students from all four years of B. Pharmacy, along with M. Pharmacy students, took part enthusiastically in a wide range of indoor and outdoor sports competitions.

#### **Activities and Participation**

The event featured several engaging games, including carrom, pool ball, table tennis, chess, cricket, volleyball, throw ball, relay race, tug of war, and kho-kho. Throughout the event, participants demonstrated strong sportsmanship, teamwork, discipline, and a healthy competitive spirit. Winners across the various competitions were recognized and appreciated for their outstanding performances.

#### **Atmosphere and Impact**

Faculty members also participated actively and added to the energy of the celebration. The event created a joyful atmosphere and helped strengthen unity, coordination, and mutual bonding among students and staff.

### Coordination

The entire Sports Day event was effectively coordinated by the Sports Coordinators, Mr. Mohd Wais, Mr. Amol More and Mr. Prathmesh Kothawade. Their efforts contributed significantly to the smooth execution and overall success of the program.

### Brochure & Photo Gallery



### SPORTS WEEK WINNERS LIST 2025-26

Sports week held on 08/01/26 to 20/01/26

#### Boys Indoor

<u>Sport</u>	<u>Winner</u>	<u>Year</u>
Carrom Single	Shoiab Khan	Fourth Year B.Pharm
Carrom Double	Aawez Khan and Jaffar Khan	Second Year B.Pharm
Carrom Mix	Jaffar Khan and Sakshi Singh	Third Year B.Pharm
8 Ball Pool Single	Durgesh Gupta	Third Year B.Pharm
8 Ball Pool Double	Durgesh Gupta and Anurup Mondal	Third Year B.Pharm
Table Tennis Single	Rizwan Pathan	M.Pharm
Table Tennis Double	Rizwan Pathan and Yasir Hasan	M.Pharm
Chess	Shaikh Mohd Kaif Abdul Rasool	Third Year B.Pharm

#### Boys Outdoor

<u>Sport</u>	<u>Winner</u>	<u>Year</u>
Badminton Single	Rahul Sippa	Second Year B.Pharm
Badminton Double	Manas Patil and Atharva Kulkarni	Second Year B.Pharm
Football	Aquib Hussain, Saquib Khan, Bhargesh Barai, Shreyas Mathapati, Vikram Choudhary, Shaikh Naved, Shoiab Khan	Fourth Year B.Pharm
Volleyball	Shaikh Naved, Santosh Yadav, Nishant Pandey, Vishal Vachheta, Sohel Khan, Vikram Choudhary, Shree Narayan Tripathi, Fazal Pathan	Fourth Year B.Pharm
Cricket	Ayush Rana, Rahul Sippa, Vishal Singh, Neeraj Yadav, Suraj Sutar, Sumit Gupta, Asif Khan, Swayam Shinde, Silvester Murzello, Deependra Singh, Manas Patil	Second Year B. Pharm
Tug of War	Shaikh Naved, Vikram Choudhary, Vishal Vachheta, Sohel Khan, Anas Shaikh, Ritesh Mishra, Saquib Khan, Yash Kandhu, Mohammad Ali	Fourth Year B.Pharm
100m Race	Vikram Choudhary	Fourth Year B. Pharm
Relay	Bhargesh Barai, Sohel Khan, Vikram Choudhary, Sanket Rajput	Fourth Year B. Pharm

### Girls Indoor

Sport	Winner	Year
Carrrom Single	Mrunmai Tunge	Third Year B.Pharm
Carrrom Double	Yuthika Bhosale and Yashvi Naik	Third Year B.Pharm
Chess	Sayli Sawant	Third Year B.Pharm
Table Tennis Single	Nasreen Gouri	Fourth Year B.Pharm
Table Tennis Double	Nasreen Gouri and Arpita Gupta	Fourth Year B.Pharm

### Girls Outdoor

Sport	Winner	Year
Badminton Single	Arpita Gupta	Fourth Year B.Pharm
Badminton Double	Arpita Gupta and Vaishnavi Bhise	Fourth Year B.Pharm
Tug of War	Sayli Sawant, Anjali Gaud, Sanobar Sayed, Priyanka Tiwari, Yashvi Naik, Akanksha Singh, Rehmatbi Shaikh, Fatemasugra Sunasara, Bhumika Sharma, Maher Farooqui	Third Year B.Pharm
Throwball	Vaishnavi Bhise, Anusha Poojary, Anshika Mishra, Riya Rai, Priti Jaiswar, Saloni Parab, Muskan Kabariya, Rupali Gupta, Nasreen Gouri, Arpita Gupta	Fourth Year B.Pharm
Kho Kho	Arpita Gupta, Vaishnavi Bhise, Tanvi Shinde, Ekta Sankpal, Riya Rai, Anshika Mishra, Sarita Chauhan, Janvhi Shirke, Nirmitee Hakim, Rupali Gupta, Saloni Parab, Nasreen Gouri	Fourth Year B.Pharm
Cricket	Vaishnavi Bhise, Arpita Gupta, Nasreen Gouri, Rupali Gupta, Priti Jaiswar, Jhanvi Shirke, Tanvi Shinde, Anshika Mishra, Riya Rai, Nirmitee Hakim, Champa Gupta	Fourth Year B.Pharm
100m Race	Shifa Shaikh	Second Year B.Pharm
Relay	Vaishnavi Bhise, Tanvi Shinde, Janhavi Shirke, Sarita Chauhan	Fourth Year B.Pharm

## E sports

<u>Sport</u>	<u>Winner</u>	<u>Year</u>
E Football	Aquib Hussain	Fourth Year B.Pharm
COD Mobile	Vishal Vachheta, Shreyas Mathapati, Abhishek Vishwakarma, Chandan Sharma, Fazal Pathan	Fourth Year B.Pharm
BGMI	Ritesh Mishra, Shaikh Naved, Vishal Vachheta, Shreyas Mathapati	Fourth Year B.Pharm
Free Fire	Afran Khan, Abuzar Shaikh, Mohseen Shaikh, Krishna Tiwari	First Year B.Pharm

### Key Outcome of the Lecture/Activity:

The event helped students build stronger bonds through camaraderie, teamwork, and sportsmanship.

### Link for social media:

<b>LinkedIn:</b>	<a href="https://www.linkedin.com/posts/h-k-college-of-pharmacy-mumbai-303524222_sports-day-was-held-at-h-k-college-of-pharmacy-share-7466426001972109312-GShM/?utm_source=share&amp;utm_medium=member_desktop&amp;rcm=ACoAADf2WrMBUFgAeZVznddoMfc3VtpDnyqdS4Y">https://www.linkedin.com/posts/h-k-college-of-pharmacy-mumbai-303524222_sports-day-was-held-at-h-k-college-of-pharmacy-share-7466426001972109312-GShM/?utm_source=share&amp;utm_medium=member_desktop&amp;rcm=ACoAADf2WrMBUFgAeZVznddoMfc3VtpDnyqdS4Y</a>
<b>Facebook:</b>	<a href="https://www.facebook.com/photo/?fbid=1474227668050204&amp;set=a.470185965121051">https://www.facebook.com/photo/?fbid=1474227668050204&amp;set=a.470185965121051</a>
<b>Instagram:</b>	<a href="https://www.instagram.com/p/DY9VEsvDsSf/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==">https://www.instagram.com/p/DY9VEsvDsSf/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==</a>

Prepared by Mr. Prathmesh Kothawade and Mr. Amol More

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