

Report on Women's Health program

Women Development cell of H K College of Pharmacy organizes a program related to women health in which Dr. Fariza Shaikh, a Gynecologist interacted with girl student. She explained different phases of women life and hormonal misbalance occurred during these phases like hormonal, menstrual, Sexual, Pregnancy & lactation, Menopause. She discussed about menarche and PMS. Further she explained alteration in TSH and occurrence of PCOD. Dr. Fariza tried to tackle misconception of menstruation by discussing menstruation hygiene. She has explained about the misuse or wrong use of oral contraceptives and its lethal effects on the body. She discussed symptoms of menopause phase of women life and asked to spread awareness among family members. Also, she discussed about the cancers related to female body.

A demo of operation of *Sanitary Napkin Vending Machine* was given by representative of V. S. Enterprises, Mumbai. All girl student and faculty members appreciated the program. Much of the learning took place in interactive manner.



Date: 16.8.17

Organized by:

**HKCP's, Women
Development cell**

Attended By:

**All Girl Students &
Ladies staff Member**

Venue:

**Final Year B Pharm
Class Room, Fifth
Floor**