

H. K. COLLEGE OF PHARMACY





Date/Day: 24.07.25, Thursday

Title: A personality development workshop on "The Z Factor"

Objective:

- To make students aware of the Generation Z mentality.
- To address the issues related to Generation Z and the prevalent challenges.
- To suggest improvements in personality.

Program Outcome: PO1, PO5, PO6, PO8, PO9, PO10, PO11.

Details of the Resource Person/Event:

Mrs. Sweetie Jain Birla, Founder & Director, Mind Mirror Paradigm, Psychologist, Counselor

Participants Details:

Sr. No.	Particular	No. of Attendee
1	Boy Students	97
2	Girl Students	81
3	Male Faculty	05
4	Female Faculty	12
5	Total no. Students	178
6	Total no. of Faculty	17

Summary of the Lecture/Activity:

Training & Placement Cell of H. K. College of Pharmacy organized an Orientation workshop to understand attributes of Generation Z and possible counselling for their betterment. The workshop was organized on 24th July 2025 for Third & Final Year BPharm students.

The invited speaker, Mrs. Sweetie Jain spoke about the strength, qualities, weaknesses, and shortcomings of different generations. She emphasized on the importance of being calm, composed for organizing oneself and for making better decisions.



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PRATIKSHA NAGAR OSHIWARA, JOGESHWARI (W), MUMBAI 400102 NAAC Accredited Grade 'A'

Brochure/Photo Gallery:







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Key Outcome of the Lecture/Activity:

- 1. The speaker educated the students about different generations & their ideologies.
- 2. The speaker educated the students about traits & limitations of Generation Z.
- 3. The speaker emphasized personal psychological counselling as an aid in the development of students.

Link for social media:

LinkedIn:	https://www.linkedin.com/posts/h-k-college-of-pharmacy-mumbai-303524222_a-		
	personality-development-workshop-on-the-activity-7355092930132373504-		
	j3tj?utm_source=share&utm_medium=member_desktop&rcm=ACoAADf2WrMBUFgAe		
	ZVznddoMfc3VtpDnyqdS4Y		
Facebook:	https://www.facebook.com/photo/?fbid=1213308704142103&set=a.470185965121051		
Instagram	https://www.instagram.com/p/DMmQ1T9IE_0/?utm_source=ig_web_copy_link&igsh=M		
	zRIODBiNWFlZA==		

	WAR.	Thanker Lakhanda
Dr. Priyanka Goswami	Dr. Archana Upadhya	Dr. Tushar Lokhande PRINCIPAL H.K.COLLEGE OF PHARMACY Jogeshwari (W), Mumbai-400 102
Event Coordinator/s	IQAC Coordinator	Principal

