

2021

## “Monsters in mouth: Mouth to body connection, a Window to your Overall Health”

**Date** : 21<sup>th</sup> August 2021

**Resource person:** Dr. Priyanka Singh Yadav BDS, DDS (Atlanta, Georgia, U.S.A.)

**Attended by** : All Students of B. Pharm, M. Pharm, teaching, non teaching staff and others.

**Organized By:** Dr Sheela Yadav (Public health organization Cell, HKCP)

**Venue** : On Zoom 106 participants and 78 on U Tube broadcast.

### Program Highlights

**Oral Health:** Is a window of overall health. Prevention is the key.

**Bacteria in the mouth:** Do not stay in the mouth causes bone and gum loss around teeth.

**Inflammation:** Protective approach can save lives.

**Contribution from oral pathogenic bacterias:** Heart health, maternal/neonatal pregnancy health, certain cancers, Alzheimers, diabetes, stroke, kidney diseases

**Covid 19:** Covid 19 has a strong correlation of higher infection rates in people with Pre existing periodontal diseases along with other co morbidities.

**Therapy:** Combined medical/dental/pharmaceutical and community efforts can help paradigm shift of protective care.

**Advise:** Seek regular dental check up before problem sets in. Your dentist can help save lives.

