

MAHARASHTRA EDUCATION SOCIETY'S

HK COLLEGE OF PHARMACY

Oshiwara, Jogeshwari (W), Mumbai 4000102.

PHO COMMITTEE : 2022-2023

Mission: The PHO Committee of H. K. College of Pharmacy move forward to increase awareness of various health threats by conduction of several health campaigns & move target audiences to action in support of public health.

Vision: To create disease free society with excellence in health care sector with the devotion to inculcate competencies of highest standard.

Event : Commemoration of Founder's Day by conduction of Blood Donation Campaign & Tree Plantation Drive.

Location : H. K. Educational Campus, Jogeshwari.

Date : 1st October, 2022.

" Alone I Can't, But Together We Can "

Keeping this beautiful line in mind the Public Health Organisation (PHO) Committee of H.K College of Pharmacy commemorated the Founder's Day of our esteemed institution by remembering Late Prof. Javed Khan sir on 1st October, 2022 by an altruistic act of organizing a Blood Donation Campaign & Tree Plantation Drive in H.K. Educational Campus.

The humanitarian initiative of blood donation was organized in association with Anviksha Blood Bank with the cordial efforts of PHO faculty incharge Dr. Indira Parab, Dr. Madhuri Pawar and Dr. Sunanda Patil under the direction of our respected Principal Dr. M.N.Saraf. In order to make this campaign successful a lot of background work was done by the student PHO Head Ritik Singh and Associate Head Mariyam Shaikh along with the PHO members.

A three days orientation campaign was held by the committee to create an awareness about blood donation and how this noble work is important for well being of the donors as well as the recipient. For this purpose presentations, banners, posters, paintings were hand-made by fellow PHO members Vishwajeet, Prathamesh, Nandini, Akshay, Tanuja and Pratik to highlight the health benefits and debunk a lot of myths related to blood donation. Even E-posters were designed and circulated to promote the benevolent cause.

The blood donation programme was held in lecture hall no. 209, 2nd floor, HKCP. As per the requirement of Anvishka Blood Bank a hygienic environment and other miscellaneous provisions were arranged under the guidance of Dr. Indira Parab and Dr. Sunanda Patil along with the PHO volunteers. The room was adorned with posters providing various statistics and information regarding blood donation. The blood donation began at sharp 11 am with the inauguration ceremony.

Shrimati Humera Khan Ma'am inaugurated the ceremony by cutting the ribbon. It was followed by felicitation of Chief Guest & other dignitaries with flower bouquet by Dr. M.N. Saraf (Principal of HKCP) . Our respected Principal gave a short welcome speech filled with embrace and warmth. At 11:10 am the blood donation programme was started.

The blood bank team included quiet experienced, qualified doctors & technicians. The donors were provided a certificate of appreciation along with a card which works as a blood bank insurance for 2 years from the date of donation. M.Pharm students Anas Khan and Jahid Sheikh also lend their support and volunteered under the counsel of Dr. Indira Parab. The donors were also provided with refreshments to reenergize them. A high enthusiasm was seen in all students, teaching & non-teaching staff towards the noble work of blood donation.

A total of 75 people donated blood successfully and served themselves to the society. The campaign began with donation from students of H.K. Educational society followed by H.K College of Pharmacy and H.K College of Management studies. Everything was done in a well organized and disciplined manner to avoid chaos and haphazard. The Anvishka trust blood bank representative, Dr. Devang Shah felicitated Dr. M.N. Saraf (Principal of HKCP) with a trophy for being a delightful host. The blood donation programme continued upto 4 pm & it turned out to be a successful one.

The College also held a short programme in auditorium for remembrance of Late Prof. Javed Khan where the Chief Guest & other respected dignitaries recalled the man of love, peace and happiness. The arrangement for the tree plantation programme was done under the guidance of Dr. Indira Parab, along with Mrs. Parimal Kotkar by PHO members Aakash and Khusboo. Saplings of medicinal plants like Kokam, Panvel, Lemon, Gulvel, Hibiscus, Almond etc were brought prior to the event. Fertilizers, gardening pots and other arrangements were also done in advance by the faculty incharge and volunteers.

The drive was scheduled at 1:00 pm at the medicinal garden of H.K. Campus. Our Chief Guest Shrimati Humera Khan Ma'am with other dignitaries planted the saplings of medicinal plant. It was followed by vote of thanks to Chief Guest. The day was made memorable with the gracious presence of Principal and Ex-Principal of H.K. College of Education, Principal of H.K. College of Management and the Principal and faculty of Oriental Educational Society. A fellow PHO member Pratik Yadav took beautiful and memorable photographs of the event and the two prosperous drives came to an end with ample moments to cherish and remember.

Report by : Walia Khan and Ali Rizvi.