

PRATIKSHA NAGAR OSHIWARA, JOGESHWARI (W), MUMBAI 400102 Affiliated to Mumbai University, Approved by A.I.C.T.E., P.C. I., D.T.E. & Govt. of Maharashtra University Code: 738 A.I.C.T.E Approval No. 06/07/MS/PHARM/2008/007 D.T.E Code No. PH3234

VISION: To Be recognized as the Institution providing quality education in Pharmacy to serve the health care sector

Date: 02 Dec 2023

Title: Problem Solving and Ideation

Objectives: To abreast Students and Staff on problem solving methods and to abreast students with different methods of solving a problem.

Details of The Resource Person/Event:

The speaker of the event was **Prof. Dr. Vipul Vyas** (Ph.D. (Emotional Intelligence), MBA); **Director**, **The Mind Academy, Mumbai**

Link to join if online: Not Applicable

Link for social media:

- 1. **Instagram:** <u>https://www.instagram.com/p/C0IERe_vCZV/?utm_source=ig_web_copy_link</u>
- 2. Facebook: <u>https://www.facebook.com/photo/?fbid=781698530636458&set=a.4701859651</u> 21051
- 3. LinkedIn: <u>https://www.linkedin.com/posts/h-k-college-of-pharmacy-mumbai-</u> 303524222_the-institute-innovation-council-of-hk-activity-7138753332596187136-lnr?utm_source=share&utm_medium=member_desktop

Participants Details:

Total no. of college students: B.Pharm and M.Pharm Students (124)

Total no of outside students: Not Applicable

Total no of Faculties: All Teaching and Non-Teaching Staff (20)

Key Outcome of the Activity/Lecture: Dr. Vipul Vyas delivered a motivative, informative and very inspiring seminar to all students and faculties of HK College of Pharmacy. All attendees learned to look at problems as challenges and steps to solve these challenges in a systematic and strategic way. All attendees found the session to be thought provoking and helpful.



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Key Highlights of the Activity/Lecture:

Dr. Anuradha Vinayak Pai welcomed the audience and speaker. Following which Dr. Vipul Vyas engrossed the audience with inspiring words n videos while delivering his talk in national language. The speaker exemplified "Problem Solving n Ideation" with a wonderful exercise in which students participated.

Through his numerous examples, Dr. Vipul Vyas made audience realize that there is no problem without solution and encouraged students to visualize problems as challenges. He drove the message that Life is all about challenges, and to wade through, one needs to hunt for innovative solutions than focus on problems. And this can be done by having a positive mindset and by avoiding overthinking, which is the key to mental peace. He hammered the fact that a peaceful, positive and innovative mindset makes us achieve whatever we need to and become whatever we need to.

He further emphasized to students that there are no qualifications needed to solve problem. One just has to practice what is right and stop doing what is wrong. And carry following systematic and strategic steps to problem solving such as Identifying the problem, Gather information about the problem, Generate innovative solution for the problem, Evaluate solutions and Implement the best solution. He elaborated each individual steps associated with problem solving with help of various exercises and group activities. With he stressed on use of innovations to solve different day to day problems with help of various practical examples.

The session was lively, interactive, thought provoking and inspiring. The entire audience connected with the speaker who asked speaker lots of questions. The session ended with Thank you note by Prof. Tushar Lokhande (Principal, H.K College of Pharmacy).



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Brochure/Photo Gallery:





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Event Coordinators: Ms. Rachel Britto, Dr. Priyanka Goswami, Dr. Anuradha Pai, Mr. Nihal thank Shaikh and Dr. Archana Upadhya



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