

Date/Day: 13.02.2026/Friday

**Title:** National Women's Day Celebration,

Session Theme: Voice of Strength – From Awareness to Action

**Objective:**

The key objectives of the National Women's Day Celebration session were twofold.

- Firstly, the session aimed to create awareness among women about their rights, safety, health, and empowerment. By focusing on these critical areas, the session sought to inform and educate participants about the importance of understanding their rights and taking proactive steps to ensure their well-being and safety.
- Secondly, the session encouraged women to express themselves confidently through the Voice of Strength awareness session. This objective emphasized the importance of self-expression, empowering women to share their thoughts and experiences boldly and confidently, thereby fostering an environment of support and mutual encouragement.

**Program Outcomes:** PO6, PO8, PO9, PO4, PO11

**Details of the Resource Person/Event:** The event was organized by Women Development Cell (WDC) of Maharashtra Educational Society's H.K. College of Pharmacy

**Participant Details:**

All the Female students of First year B.Pharm, Second year B.Pharm, Third year B.Pharm and Final year B.Pharm

Total No of Faculty: 04

**Summary of the Lecture/Activity:**

The MES H K College of Pharmacy held the National Women's Day event, featuring a Women's Awareness Session titled "Voice of Strength" for female B. Pharm students from First Year, Second Year, Third Year, and Fourth Year. The session took place on 13th February 2026, aiming to empower and educate the participants on women's rights, safety, health, and self-expression.

The session began on a cheerful note with a lively opening by Dr. Sheela Yadav, who created a warm and welcoming atmosphere for the program. The session was conducted as an open discussion,

providing a safe and supportive platform for students to freely share their thoughts, experiences, and challenges. The discussion mainly focused on how women can overcome gender bias, societal expectations, and daily struggles while maintaining confidence, self-respect, and mental well-being. Students actively participated by sharing the challenges they face in college and daily life, which made the discussion meaningful and relatable. The interaction highlighted the importance of equality, self-belief, unity, and mutual support, encouraging participants to face challenges positively and lead a happy, independent, and empowered life.

The program concluded with a heartfelt closing by Dr. Sheela Yadav, who expressed sincere gratitude to the Women Development Cell (WDC) Committee and all the participants for making the session interactive and impactful.

**Photo Gallery:**



Maharashtra Educational Society's  
**H.K. COLLEGE OF PHARMACY**  
 Approved by P.C.I. D.T.E, Govt. of Maharashtra & Affiliated to  
 University of Mumbai. NAAC Accredited with Grade 'A'.

**WOMEN DEVELOPMENT CELL**  
 Organises a  
**Women Awareness Session**

Theme: "Voice of Strength- From  
 Awareness to Action"...Open discussion

**13th February 2026**  
**Time: 11:30 a.m. to 12:30 p.m.**  
**VENUE: CLASSROOM 510**

Dr. Sheela Yadav Chairperson	Dr. Tushar Lokhande Principal	Mrs. Dipti Chirmade Secretary
Ms. Shifa Shaikh & Ms. Paragati Gupta Student Incharge	Mrs. Vaishali Patel & Nida Shaikh Faculty Incharge	

VISION: To be recognized as an Institution providing quality education in pharmacy to serve the healthcare sector.




**Key Outcomes of the Activity:**

- Improved confidence among female students to express their thoughts and experiences openly.
- Encouragement for self-advocacy, motivating students to stand up for their rights and dignity.
- Strengthened mutual support and unity among the students.
- Promotion of gender equality and respect within the academic environment.
- Development of a safe and supportive discussion space for sharing ideas and experiences.

**Link for social media:**

LinkedIn	<ul style="list-style-type: none"><li>• <a href="https://www.linkedin.com/posts/h-k-college-of-pharmacy-mumbai-303524222_on-the-occasion-of-national-womens-day-activity-7438073324078800896-IAIx?utm_source=share&amp;utm_medium=member_desktop&amp;rcm=ACoAADf2WrMBUFgAeZVznddoMfc3VtpDnyqdS4Y">https://www.linkedin.com/posts/h-k-college-of-pharmacy-mumbai-303524222_on-the-occasion-of-national-womens-day-activity-7438073324078800896-IAIx?utm_source=share&amp;utm_medium=member_desktop&amp;rcm=ACoAADf2WrMBUFgAeZVznddoMfc3VtpDnyqdS4Y</a></li></ul>
Facebook	<ul style="list-style-type: none"><li>• <a href="https://www.facebook.com/photo/?fbid=1407097791429859&amp;set=a.470185965121051">https://www.facebook.com/photo/?fbid=1407097791429859&amp;set=a.470185965121051</a></li></ul>
Instagram	<ul style="list-style-type: none"><li>• <a href="https://www.instagram.com/p/DVz3-ciiPUz/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==">https://www.instagram.com/p/DVz3-ciiPUz/?utm_source=ig_web_copy_link&amp;igsh=MzRIODBiNWFIZA==</a></li></ul>

Mrs. Vaishali Patel



Dr Sheela Yadav



Dr. Archana Upadhya



Dr. Tushar Lokhande



Mrs. Dipti Chirmade



Event co-ordinator

IQAC coordinator

Principal

