

3.3.3 Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs) during the year

2023- 2024

Link: <https://hkcp.edu.in/site/social-activities/>

Index

Sr No	Name of Activity
1	Blood donation camp
2	<u>Tree plantation drive</u>
3	<u>Gandhi jayanti</u>
4	Worlds Aids Day
5	International Day of Persons with disability
6	World soil day
7	UNICEF day
8	Creative writing competition
9	Poster Competition
10	Udaan Extension festival
11	Visit to old age home
12	Ayushman card campaign
13	World Cancer Day
14	Orphanage Donation Drive
15	Donation to orphanage
16	Mango seed donation drive
17	Blood Donation Camp
18	Old Age Home at Andheri (west) Visit with Donation of Food Supplies
19	Mind Fulness Session



Maharashtra Educational Society
H. K. College of Pharmacy, Jogeshwari (W),
Mumbai, Maharashtra

DATE: 30th September, 2023

TITLE: Blood donation Camp Held at HKCP on Founder' Day by PHO.

DETAIL OF THE RESOURCE PERSON/EVENT : Deepak Foundation's Anvishka Blood Bank

Mumbai, 1st October, 2023: An altruistic action of organizing a blood donation camp was taken by Public Health Organization (PHO) committee of H.K College of Pharmacy on 30th September, 2023 to commemorate Prof. Javed Khan on the occasion of Founder's day of our esteemed institution.

OBJECTIVES :

- The primary objective of the blood donation camp was to save lives by collecting and providing a steady supply of blood to hospitals.
- To help raise awareness about the importance of donating blood regularly.
- To promote community engagement and solidarity.
- To use blood donation camps as educational opportunities to teach donors about the importance of maintaining a healthy lifestyle.

DETAILS OF THE EVENTS : This humanitarian initiative of blood donation was taken in association with **Deepak Foundation's Anvishka Blood Bank** and our institution felt obliged to be a part of such a noble cause. **Mr. Wasim Khan** was regarded as the **chief guest** of this auspicious occasion. The event was inaugurated by our respected **Principle Dr. Tushar Lokhande**. At 10:30 am the blood donation programme was started and the donors were required to register upon arrival, providing necessary details such as contact information and medical history. This information was crucial for screening potential donors for eligibility. The programme was held in a clean and hygienic environment. The blood bank team included quiet experienced and qualified doctors and technicians. The donors underwent a requisite and mandatory health check up before donation. The prerequisite of donating blood was a five year blood bank insurance facilitated by Anviksha blood bank. **PHO faculty in charges Dr. Sheela Yadav and Ms. Nikhat Khan** were constantly present and were monitoring the easy flow of all the activities. **PHO student Head Ali Rizvi and General Secretary of HKCP Walia Khan** along with the volunteers managed the entire event with the support and guidance of faculty in charges.

HIGHLIGHTS OF THE EVENT :

Certificates as Tokens of Appreciation: Each donor received a certificate of appreciation as a small token of gratitude for their contribution to the cause.

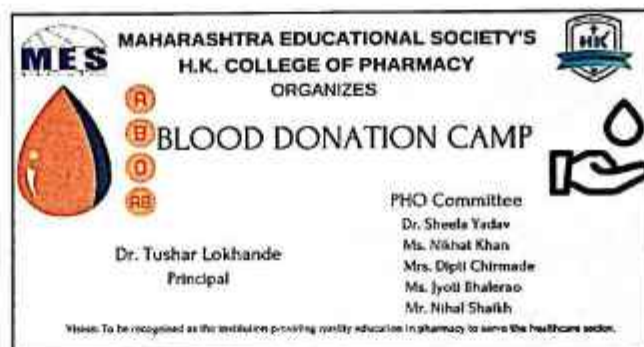
Refreshments and Post-Donation Care: After donating blood, donors were provided with refreshments and instructed to rest for a brief period.

Felicitation of the doctor : Our honourable Principal Dr. Tushar Lokhande felicitated the **Dr. Devang Shah** of Anvishka Blood Bank for organizing this noble event.

Pre-Camp Promotion: The PHO team, along with college volunteers, conducted a robust promotional campaign in the weeks leading up to the camp. This included posters, social media announcements, and informational sessions to educate potential donors about the benefits of blood donation.

Total Number of Volunteers from first year: 7

Second year: 6, Third year : 5



The brochures of the events are depicted above.

Total Number of Donors :A high enthusiasm was seen in all the students and college faculty towards the BDC and total 52 people donated blood. A total 350 units of blood was collected from each donor.

Number of college students: 30

Number of outsiders: 20

Number of Faculties: 2

OUTCOME OF THE EVENT :

The Blood Donation Camp organized by PHO at HKCP was a resounding success, fulfilling its objectives of promoting voluntary blood donation, contributing to the local blood supply, and raising awareness about this life-saving act. The event witnessed enthusiastic participation from students, faculty, and staff, reflecting the college community's commitment to public health and social responsibility. The blood collected during the camp will undoubtedly save lives and provide crucial support to healthcare institutions in the region. Furthermore, the camp succeeded in educating attendees about the significance of regular blood donation, dispelling myths, and fostering a sense of social responsibility. The programme continued up-till 2 pm and the camp turned out to be a success .

GLIMPSE OF THE EVENT :





An article was published in the Navbharat Newspaper regarding the successful blood donation campaign held at our institute. The paper clip of which is as following:




CONCLUSION: The Blood Donation Camp organized by PHO at HKCP was a commendable effort that contributed significantly to the well-being of the community. It not only saved lives but also promoted a culture of empathy, responsibility, and humanitarianism among the college's stakeholders.


EVENT CO ORDINATORS:


DR.SHEELA YADAV
(PHO FACULTY HEAD)


MS.NIKHAT KHAN
(PHO FACULTY INCHARGE)


MS.WALIA KHAN
(GENERAL SECRETRAY)




MR.ALI RIZVI
(PHO HEAD)


DR.TUSHAR LOKHANDE
PRINCIPAL



MAHARASHTRA EDUCATIONAL SOCIETY'S

H. K. COLLEGE OF PHARMACY

PRATIKSHA NAGAR OSHIWARA, JOGESHWARI (W), MUMBAI 400102

Affiliated to Mumbai University, Approved by A.I.C.T.E. , P.C. I., D.T.E. & Govt. of Maharashtra
University Code: 73B A.I.C.T.E Approval No. 06/07/MS/PHARM/2008/007 D.T.E Code No. PH3234

VISION: To Be recognized as the Institution providing quality education in Pharmacy to serve the health care sector

Date:3/10/2023

REPORT ON: TREE PLANTATION DRIVE

Date:29th September,2023

Time: 12:30 PM

Theme: "Together, we can make a difference, one tree at a time!"

Organized by: PHO Committee, H.K. College of Pharmacy, Jogeshwari(W)

On the occasion of Founder's Day H.K. College of Pharmacy has organized " A Tree Plantation Drive " In commemoration of Late Prof. Javed Khan.

Every year, we celebrate our Founders Day on 1st October, Maharashtra Education Society commemorated its Founder's Day by incorporating noble causes like Blood Donation and Tree Plantation Drive, Beach Cleanup Drive. Keeping in view the occasion of Founder's Day of the H.K. College, decided to initiate the Tree Plantation Drive, in the college premises. It was 30th September 2023; at 12:30 pm, H.K. College of Pharmacy, Jogeshwari(W) organized a program to plant 30 saplings and young trees to celebrate the Founder's Day. Students of the H.K. College enthusiastically participated in the event and witnessed its successful conduction. The objective of this event is to teach students, that, future mankind depends on the way we interact with our environment and the way we handover a healthy and resourceful environment to the future generation, also to express our concern towards the environment.

Students and faculty members were asked to reach towards the site at 12'O clock.

Principal of H.K.College, Dr Tushar Lokhande inaugurated Tree Plantation Drive by planting a tree in H.K. Campus Medicinal garden with a faculty and group of students. Then after, students individually & in group planted almost 30 sapling and trees in Medicinal plant garden & campus. PHO member Mrs. Dipti Chirmade, Ms Nikhat Khan Coordinated the event.



MAHARASHTRA EDUCATIONAL SOCIETY'S

H. K. COLLEGE OF PHARMACY

PRATIKSHA NAGAR DSHIWARA, JOGESHWARI (W), MUMBAI 400102

Affiliated to Mumbai University, Approved by A.I.C.T.E. , P.C. I., D.T.E. & Govt. of Maharashtra

University Code: 738 A.I.C.T.E Approval No. 06/07/MS/PHARM/2008/007 D.T.E Code No. PH3234

VISION: To Be recognized as the Institution providing quality education in Pharmacy to serve the health care sector
Plants were brought by the students and faculty. About 30 plants were planted by students and faculty at our campus and then subsequently watered. Students also made some posters and banners on the importance of tree plantations. We passed banners and posters in the area so that people read these and know the importance of tree plantation. The main purpose of this event was to enhance awareness about the importance of tree plantations and to promote environmental values and Institutional Social responsibility.

Link for social media:

Instagram:

https://www.instagram.com/p/Cx7nGUioP90/?utm_source=ig_web_copy_link&igshid=MzRlODBiNWFiZA==

linkedin:

https://www.linkedin.com/posts/h-k-college-of-pharmacy-mumbai-303524222_on-maharashtra-educational-societys-founder-activity-7114905773624729600-q33o?utm_source=share&utm_medium=member_desktop

facebook:

<https://www.facebook.com/photo/?fbid=742078924598419&set=a.470185965121051>

DH
3/10/23
Mrs. Dipti H.Chormade
Prepared By,



Thande
Dr. Tushar Lokhande

Principal
PRINCIPAL

H.K. COLLEGE OF PHARMACY
Jogeshwari (W), Mumbai-400 102



MAHARASHTRA EDUCATIONAL SOCIETY'S

H. K. COLLEGE OF PHARMACY

PRATIKSHA NAGAR OSHIWARA, JOGESHWARI (W), MUMBAI 400102

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PHOTO GALLERY





MAHARASHTRA EDUCATIONAL SOCIETY'S

H. K. COLLEGE OF PHARMACY

PRATIKSHA NAGAR OSHIWARA, JOGESHWARI (W), MUMBAI 400102

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VISION: To Be recognized as the Institution providing quality education in Pharmacy to serve the health care sector



MAHARASHTRA EDUCATION SOCIETY'S
MES H.K. COLLEGE OF PHARMACY

PUBLIC HEALTH ORGANISATION 2023-24
ORGANISES
TREE PLANTATION
ON THE OCCASION OF
FOUNDERS' DAY
30 SEPTEMBER, 2023
LET'S PLANT TREE TOGETHER

VISION: TO BE RECOGNISED AS THE INSTITUTION PROVIDING QUALITY EDUCATION IN PHARMACY TO SERVE THE HEALTH CARE SECTOR

MAHARASHTRA EDUCATION SOCIETY'S
MES H.K. COLLEGE OF PHARMACY

**E-CERTIFICATE
WILL BE PROVIDED**

VENUE: GROUND FLOOR,
HKCP CAMPUS
TIMING: 12PM TO 1 PM

ORGANIZING COMMITTEE

DR. TUSHAR LOKHANDE
PRINCIPAL

MRS. DIPTHI CHIRMADE
MS. NIKHAT KHAN
PHO MEMBER

VISION: TO BE RECOGNISED AS THE INSTITUTION PROVIDING QUALITY EDUCATION IN PHARMACY TO SERVE THE HEALTH CARE SECTOR



MAHARASHTRA EDUCATIONAL SOCIETY

H. K. College of Pharmacy, Jogeshwari (W),

Mumbai, Maharashtra

Date: 2nd October, 2023

Title: Celebration of Gandhi Jayanti organized by the public health organization (PHO).

Objectives:

- To pay tribute to Mahatma Gandhi and remember his teachings.
- To promote Gandhian values of non-violence, truth, and social justice among the students.
- To create awareness about public health issues and the role of pharmacists in healthcare.
- To engage students and faculty in community service activities.

Details of the Event: Gandhi Jayanti, is celebrated on October 2nd every year and to commemorate this day and to promote the ideals and principles of Mahatma Gandhi, various events were organized at H.K. College of Pharmacy by Public health organization (PHO) to celebrate Gandhi Jayanti in a meaningful and impact full manner. The event was organized under the guidance of our respected principal **Dr. Tushar Lokhande** and the faculty incharges of PHO committee **Ms. Nikhat Khan** and **Dr. Sheela Yadav**. The PHO Student Head **Mr. Ali Rizvi** and the General secretary of HKCP **Ms. Walia Khan** managed this event under their counsel.

Mode of the session: ONLINE

Link for social media:

Instagram : <https://www.instagram.com/p/Cx7podDoh5X/?igshid=ZWI2YzEzYmMxYg==>

Participants Details:

Total no. of college students: 5

Total no of Faculties: 02

Key Outcome of the Activity:

The celebration of Gandhi Jayanti by the Public Health Organization of H. K. College of Pharmacy was a resounding success. It achieved its objectives of paying homage to Mahatma Gandhi, promoting his values, creating awareness about public health issues, and engaging students and faculty in community service. The event not only celebrated the legacy of a great leader but also inspired the future pharmacists to incorporate Gandhian principles into their practice for the betterment of society and public health. We believe that such initiatives not only enrich the educational experience but also contribute positively to the community and the nation as a whole.

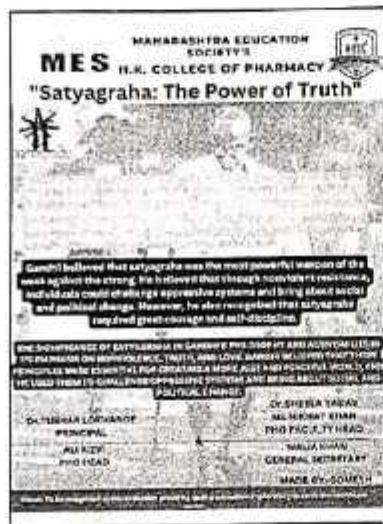
Key Highlights of the Activity/Lecture:

● **POSTER MAKING** on the following topics:

1. "Satyagraha: The Power of Truth".
2. "Gandhi's Legacy: Peace, Tolerance, and Interfaith Harmony"

● **SHAYARI PROGRAM:** The celebration also included a cultural program where students showcased their talents through declamation, essay writing, and shayari performances that depicted the life and values of Mahatma Gandhi.

Photo Gallery : Posters and shayari made by first year students.



EVENT COORDINATORS:

Nikhil Khan
MS. NIKHAT KHAN
 (PHO INCHARGE)

Walia Khan
MS. WALIA KHAN
 (GENERAL SECRETARY)

DR. SHEELA YADAV
 (PHO HEAD)

Ali Rizvi
MR. ALI RIZVI
 (PHO STUDENT HEAD)

Tushar N. Lokhande
DR. TUSHAR N. LOKHANDE
 (PRINCIPAL)





MAHARASHTRA EDUCATIONAL SOCIETY

H. K. College of Pharmacy, Jogeshwari (W),

Mumbai, Maharashtra

Date: 1st December, 2023

Title: Awareness Session on World Aids Day at HKCP.

Objectives:

- To raise awareness about HIV/AIDS.
- To educate students, faculty, and staff about HIV/AIDS.
- To reduce stigma, and encourage responsible behavior.
- To foster understanding and empathy while promoting the importance of regular testing, prevention, and support for those affected by the virus.

Details of the Resource Person/Event: Dr. Priyanka Goswami (Associate Professor HKCP),

Ms. Nikhat Khan (Assistant Professor HKCP)

Mode of the session: OFFLINE

Link for social media:

Instagram : <https://www.instagram.com/p/C0WQjNLonQa/?igshid=ZWI2YzEzYmMxYg==>

Participants Details:

Total no. of college students: 15

Total no of outside students: 00

Total no of Faculties: 05

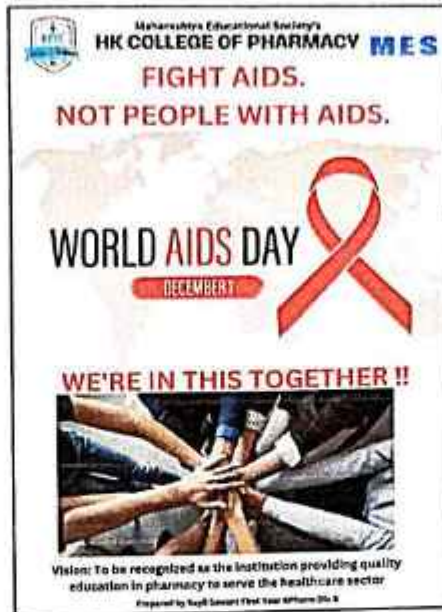
Key Outcome of the Activity/Lecture:

The session covered topics such as the transmission of the virus, prevention methods, and the latest advancements in HIV/AIDS research. It inculcated the importance of compassion and understanding towards one affected by it. The key outcome was a sense of awareness created towards breaking stereotypes, encouraging open conversations, and emphasizing the importance of getting tested. This session helped reinforce key messages about HIV/AIDS prevention and dispel common myths and misconceptions in students and highlighted the meaning of red ribbon as a symbol of solidarity and awareness.

Key Highlights of the Activity/Lecture:

- College organized awareness campaigns through posters and banners.
- Importance of empathy towards patients.
- Significance of red ribbon in Aids awareness.

Brochure/Photo Gallery :



EVENT COORDINATORS:

MS. NIKHAT KHAN
(PHO INCHARGE)

DR. PRIYANKA GOSWAMI
(FACULTY IN-CHARGE)

DR. TUSHAR N. LOKHANDE
(PRINCIPAL)





Maharashtra Educational Society
H. K. College of Pharmacy, Jogeshwari (W),
Mumbai, Maharashtra

Date: 03/12/2023

Title: International Day of persons with Disability

Objectives: To create awareness in community to treat disable people with dignity and spread joy of giving.

Social media link:

Instagram: https://www.instagram.com/p/COIHASZodbS/?utm_source=ig_web_copy_link

Facebook: <https://www.facebook.com/photo/?fbid=781705953969049&set=a.470185965121051>

LinkedIn: https://www.linkedin.com/posts/h-k-college-of-pharmacy-mumbai-303524222_on-the-occasion-of-international-day-of-persons-activity-7138757229662420992-168K?utm_source=share&utm_medium=member_desktop

Sponsor of the Event: Ms. Pooja Shah Jakhriya

Coordinator: Dr. Sheela Yadav

Venue: The Muncherjee Nowrojee Banajee Industrial Home for the Blind,
SV Road, Jogeshwari (W), Mumbai.

Participants Details:

Total no. of college students: 20

Total no. of outside people: 30

Total no of Faculties: 01

Key Outcome of the Outreach activity:

- To promote effective measures for prevention of disability, rehabilitation and the realization of the goals of "full participation" of disabled persons in social life and development, and of "equality"
- To promote, foster, encourage, and initiate unity among the Blind people.
- To remove the beggar habits from blinds and help them to get employment.
- To make the blind independent citizen of India and they may perform his daily routine work efficiently.
- To take over and to support Government Semi Government Schemes, Municipal Schemes in the interest of the blind person, which are for NGOs

Brochure/Photo Gallery:



Yadav

Event Coordinators:
Dr. Sheela Yadav

Phanje
PRINCIPAL
H.K. COLLEGE OF PHARMACY
Jogeshwari (W), Mumbai-400 102

Dr. Tushar N. Lokhande
Principal





MAHARASHTRA EDUCATIONAL SOCIETY

H. K. College of Pharmacy, Jogeshwari (W),

Mumbai, Maharashtra

Date: 06/12/2023

Title: Nurturing mother earth, Igniting young minds on World Soil Day

Objectives:

- To spread knowledge about different types of soil.
- To nurture & kindle down to earth attitude among students.

Details of the Resource Person/Event: Dr. Priyanka Goswami (Associate Professor HKCP) ,
Ms. Nikhat Khan (Assistant Professor HKCP)

Mode of the session: OFFLINE

Link for social media:

Instagram : https://www.instagram.com/p/C0f44zmv_BS/?igshid=ZWI2YzEzYmMxYg==

Participants Details:

Total no. of college students: 33

Total no of outside students: 00

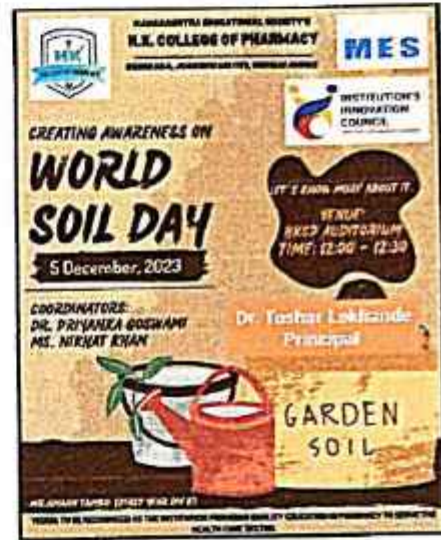
Total no of Faculties: 05

Key Outcome of the Activity/Lecture: The key outcome of this presentation and event was to spread knowledge about different types of soil and the geographical importance and show humility, humbleness attitude towards the earth to the students. Also to orient the students about entrepreneurship and startup, how they work, and how the student can pursue the same.

Key Highlights of the Activity/Lecture:

- Different geographical regions of the world
- How each soil is different
- Significance of soil for humans
- Commercial importance for agriculture

Brochure/Photo Gallery :



EVENT COORDINATORS:

Nikhath Khan

**MS. NIKHAT KHAN
(PHO INCHARGE)**

Priyanka Goswami

**DR. PRIYANKA GOSWAMI
(FACULTY IN-CHARGE)**

Tushar N. Lokhande

DR. TUSHAR N. LOKHANDE

(PRINCIPAL)





Maharashtra Educational Society
H. K. College of Pharmacy, Jogeshwari (W),
Mumbai, Maharashtra

Date: 11th December, 2023

Title: Impact full donation of sugar and rice to Ashadaan Ashram in the observance of UNICEF day.

Objectives:

•The main objective of this activity is to align with the mission of UNICEF in supporting children's welfare globally, and inspire a sense of social responsibility within the community and fulfill UNICEF motto of "For every child".

•To donate towards a brighter future of the children.

•To indulge a sense of importance for the act of giving and supporting the upbringing of the needful children in the society.

Details of the Resource Person/Event:

Venue: Ashadaan Ashram

Organized by: The Public Health Organization (PHO) Committee of HKCP.

Mode of the session: Offline

Participants Details:

Total no. of college students: 8

Total no of outside students: 0

Total no of Faculties: 1

Key Outcome of the Activity/Lecture:

- The activity sensitized the students and the faculty members towards life.
- It turned out to be a memorable day for everyone who participated in the noble work.
- Positive feedback was received from the orphanage children in the form of their smiles.
- The importance of community engagement was inculcated in the students.

Key Highlights of the Activity/Lecture:

- Community engagement
- Inspiration of others
- Awareness building
- Alignment with UNICEF's mission
- Nutritional support
- Positive impact on lives

Brochure and pictures of the event:



Event Coordinators:

Nikhath Khan
MS. NIKHAT KHAN
(PHO FACULTY INCHARGE)

DR. SHEELA YADAV
(PHO FACULTY HEAD)

Tushar Lokhande
DR. TUSHAR LOKHANDE
(PRINCIPAL)

Walia Khan
WALIA KHAN
(GENERAL SECRETARY)



Ali Rizvi
ALI RIZVI
(PHO HEAD)



MAHARASHTRA EDUCATIONAL
SOCIETY'S
HK COLLEGE OF PHARMACY



DEPARTMENT OF LIFELONG LEARNING
AND EXTENSION

CREATIVE WRITING

DATE & TIME:

- 18th JANUARY 2024,
THURSDAY
- 3.30-4.00pm

RULES AND GUIDELINES:

- The participant will be shown a picture / scene or a small video clip based on social awareness by the organizers.
- The participant's creative writing should be based on the shown picture/scene/video clip.
- The participant should adhere to the word limit from 200 to 300 words and duration is 30 minutes. Other document or digital support in any form is not allowed during the performance. The scoring of the competition will be done based on creativity, language vocabulary and grammar and writing style.



"Unleash worlds with your pen, where creativity takes flight."

Dr Tushar Lokhande
PRINCIPAL

Ms. Sayli Sawant
Mrs. Vaishali Patel
TEACHER COORDINATORS

Aakanksha Mokal
Aditi Pandey
STUDENT MANAGERS

Vision: To be Recognized as the Institution providing Quality Education in Pharmacy to serve the Healthcare sector



Maharashtra Educational Society
H. K. College of Pharmacy, Jogeshwari (W),
Mumbai, Maharashtra

Date: 18.01.2024

Title: Creative Writing Competition

Objectives:

- Creative writing sharpens students' ability to express their thoughts clearly
- Encourages students to think beyond the ordinary, and to use their imagination to express their ideas in their own way

Participants Details:

Total no. of college students:75

Total no of Faculties: 02

Key Outcome of the Activity/Lecture:

- Encouraging students to explore language, structure, and narrative

Key Highlights of the Activity/Lecture:

- Department of Lifelong Learning extension activities (DLLE) organized Creative writing competition on 18 January 2024 at 03:30 ,Venue-302 Classroom
- For All the participants topic image was displayed and time given 30 min for task completion.
- Winner of activity Ms.Shambhavi Pandey

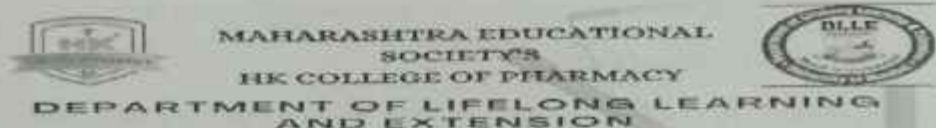
Brochure/Photo Gallery:





Mumbai, Maharashtra, India
 21, Prakash Nagar, Patliputra, Jogeshiwari West, Mumbai, Maharashtra 400102, India
 Lat 19.140998°
 Long 72.839298°
 18/01/24 03:55 PM GMT +05:30

Google



CREATIVE WRITING

DATE & TIME

- 18th JANUARY 2024, THURSDAY
- 3:30 - 4:00pm

RULES AND GUIDELINES:

- The participant will be shown a picture / scene or a small video clip based on social awareness by the organizers.
- The participant's creative writing should be based on the shown picture/scene/video clip.
- The participant should adhere to the word limit from 200 to 250 words and duration is 30 minutes. Other document or digital support in any form is not allowed during the performance. The scoring of this competition will be done based on creativity, language vocabulary and grammar and writing style.



"Unleash worlds with your pen, where creativity takes flight."

Dr. Tushar Lokhande PRINCIPAL Ms. Sayli Sawant, Mrs. Vaishali Patal TEACHER COORDINATORS Akanksha Mokul, Aditi Pandey STUDENT MANAGERS

Vision: To be Recognized as the Institution providing Quality Education in Pharmacy to serve the Healthcare sector.

Event Coordinators: The event was successfully coordinated Ms. Vaishali Patel and Ms. Sayli Sawant.

Vaishali
 Prepared by:
 Mrs. Vaishali Patel



Thank
 Dr. Tushar N. Lokhande
 Principal

PRINCIPAL
H.K. COLLEGE OF PHARMACY
 WAKELI, MUMBAI 400 102



MAHARASHTRA EDUCATIONAL SOCIETY'S



H.K COLLEGE OF PHARMACY

Department of Lifelong Learning and Extension

POSTER COMPETITION



DATE: 27th JAN
TIME: 4-5 PM

Note: Poster need to be prepared in group of Two

TOPIC

Preservation of Environment

Social Media

RULES:

- The size of the Poster should be preferably on a A3 card paper which can be easily rolled over
- Copying of poster from any source during the competition will lead to disqualification.
- The scoring of the competition will be done on the basis of content of the poster, creativity, colour schemes and message delivered by the poster.

PRINCIPAL

Dr. Tushar Lokhande

DLLE TEACHER COORDINATOR

Ms Sayli Sawant
Mrs Vaishali Patel

STUDENT MANAGER

Aakanksha Mokale
Aditi Pandey

VISION: To be recognized as the Institution providing quality education in pharmaceuticals and
the healthcare sector



Maharashtra Educational Society
H. K. College of Pharmacy, Jogeshwari (W),
Mumbai, Maharashtra

Date: 27.01.2024

Title: Poster Competition

Objectives:

- Posters are designed to be both eye-catching and informative
- Encourages students to think beyond the ordinary, and to use their imagination to express their ideas in their own way

Participants Details:

Total no. of college students:75

Total no of Faculties: 02

Key Outcome of the Activity/Lecture:

- Students are able to visually represent the key points and while presenting elaborate on the same which facilitates their retention and recall of events and facts

Key Highlights of the Activity/Lecture:

- Department of Lifelong Learning extension activities (DLLE) organized Poster competition on 27 January 2024 at 04:00-05:00
- All the participants' topics and rules were discussed and time given 1 hour for task completion.
- Winner of activity Ms.Riya Rai and Ms.Anshika Mishra

Brochure/Photo Gallery:





MAHARASHTRA EDUCATIONAL SOCIETY'S



H.K. COLLEGE OF PHARMACY

Department of Lifelong Learning and Extension

POSTER COMPETITION



DATE: 27th JAN
TIME: 4-5 PM

Note: Poster need to be prepared in group of Two

RULES:

- The size of the Poster should be preferably on A4 card paper which can be easily rolled over.
- Copying of poster from any source during the competition will lead to disqualification.
- The scoring of the competition will be done on the basis of content of the poster, creativity, colour schemes and message delivered by the poster.

TOPIC

Preservation of Environment
Social Media

PRINCIPAL
Dr. Tushar Lokhande

DLE TEACHER COORDINATOR
Ms. Sayli Sawant
Mrs. Vaishali Patel

STUDENT MANAGER
Aakanksha Mokal
Aditi Pandey

VISION: To be recognized as the institution providing quality education in pharma the healthcare sector.

Prepared by:

Ms. Sayli Sawant

Dr. Tushar N. Lokhande

Principal

PRINCIPAL

H.K. COLLEGE OF PHARMACY
Jogeshwar (W), Mumbai-400 102





**Maharashtra Educational Society
H. K. College of Pharmacy, Jogeshwari (W),
Mumbai, Maharashtra**



Date: 5th February 2024

Annual Extension Work Festival: "UDAAN- The Flight of Extension"

Objective: To create awareness about social issues through various competitions on extension work projects with the focus on College youth.

The event was organized by Smt. Kamala Mehta V.W.A College of Commerce, Versova, Andheri on behalf of Department of Lifelong Learning and Extension (DLLE), University of Mumbai.

Link for social media:

Instagram: <https://www.instagram.com/p/C3CD9ArjIHx/>
<https://www.instagram.com/p/C3CEMxPoEKw/>

LinkedIn: https://www.linkedin.com/posts/h-k-college-of-pharmacy-mumbai-303524222_students-of-sy-bpharm-and-ty-bpharm-activity-7160844278527623168-7FVH?utm_source=share&utm_medium=member_desktop
https://www.linkedin.com/posts/h-k-college-of-pharmacy-mumbai-303524222_mswalia-khnn-of-ty-bpharm-won-gold-medal-activity-7160844548020027392-QtII?utm_source=share&utm_medium=member_desktop

Facebook: <https://www.facebook.com/photo/?fbid=821334336672877&set=a.470185965121051>
<https://www.facebook.com/photo/?fbid=821339726672338&set=a.470185965121051>

Participants Details:

Total no. of college students: 16

Total no of Faculties: 02

Key Outcome of the Event: Students were able to learn about social issues present in the society and were made aware of their responsibility towards the society.

Key Highlights of the Event:

- Ms. Walia Khan of T.Y. B.Pharm, won Gold medal in Elocution competition (Topic: Social media).
- Ms. Shambhavi Pandey of T.Y. B.Pharm won Bronze medal in Creative writing competition.
- Ms. Riya Raj and Ms. Anshika Mishra of S.Y. B.Pharm, participated in Poster competition (Topic: Healthcare).
- Students of S.Y. B.Pharm and T.Y. B.Pharm participated in Street Play competition and presented a play on the topic "Election Literacy".



Brochure/Photo Gallery:



Mumbai, Maharashtra, India
 Aaram Nagar Part 2, near Ganesh Mandir, Aaram Nagar Part 1, Aaram Nagar,
 Versova, Andheri West, Mumbai, Maharashtra 400061, India
 Lat 19.130574°
 Long 72.815801°
 05/02/24 04:01 PM GMT +05:30



Mumbai, Maharashtra, India
 48, Jh Rd, Aaram Nagar Part 2, Aaram Nagar, Versova, Andheri West, Mumbai,
 Maharashtra 400061, India
 Lat 19.130574°
 Long 72.815801°
 05/02/24 01:08 PM GMT +05:30



UNIVERSITY OF
 COLLEGE OF
 HEALTH CARE



Event Coordinators: The students were accompanied by Extension Work Teachers: Ms. Sayli Sawant and Mrs. Vaishali Patel.

Sayli

**Prepared by:
Ms. Sayli Sawant**



T. N. Lokhande

**Dr. Tushar N. Lokhande
Principal**



Maharashtra Educational Society's
H. K. College of Pharmacy, Jogeshwari (W),
Mumbai, Maharashtra

Date: 5th February 2024

Title: Visit to an Old age Home

Objectives:

- Offering companionship and social interaction to the elderly residents.
- Providing emotional support and listening to their stories and experiences.
- Organizing recreational activities or games to keep them engaged and entertained.
- Raising awareness about the needs and challenges faced by the elderly population.
- Educating oneself and others about aging and its impact on individuals and society.
- Inspiring others to volunteer or contribute to the well-being of the elderly in their communities.

Details of The Resource Person/Event:

Organized by: Dr. Madhusudhan. N. Saraf and Public Health Organization (PHO) committee

Social Media links:

facebook: <https://www.facebook.com/photo/?fbid=2082257665447242&set=a.218019115204449>

Linkedin: https://www.linkedin.com/posts/h-k-college-of-pharmacy-mumbai-303524222_on-5th-of-february-2024-pho-committee-of-activity-7162033741677162496-RPOG?utm_source=share&utm_medium=member_desktop

Instagram: https://www.instagram.com/p/C3KgB9gIcqd/?utm_source=ig_web_copy_link

Participants Details:

Total no. of college students: 2

Total no of Faculties: 1

Key Outcome of the Activity/Lecture:

- Increased social interaction and companionship, reducing feelings of loneliness and isolation.
- Enhanced emotional well-being through sharing stories, experiences and receiving empathy and support.
- Improved mood and morale among the residents due to engaging activities and interactions.
- Raised awareness and understanding of the needs and challenges faced by the elderly.
- Promotion of empathy, compassion and intergenerational

understanding.

- Inspiring others to get involved in similar initiatives or volunteer efforts.
- Contributing to a sense of fulfillment and purpose for both visitors and residents alike.

Key Highlights of the Activity/Lecture:

- Engaging conversations with the elderly residents, sharing laughter, stories and wisdom.
- Participating in activities such as games, music sessions or arts and crafts, bringing joy and entertainment to the residents.
- Witnessing the gratitude and appreciation expressed by the residents for the companionship and attention received during the visit.
- Reflecting on the importance of cherishing and honoring the elderly in society.
- Feeling a sense of fulfillment and satisfaction from making a positive impact on the lives of the elderly through simple acts of kindness and companionship.

Brochure/Photo Gallery:





Palghar, MH, India
Vada, Palghar, 421312, MH, India
Lat 19.541661, Long 73.083053
02/05/2024 02:38 PM GMT +05:30
Note : Captured by GPS Map Camera



पालघर, महाराष्ट्र, भारत
G3RM+H6R, पालघर, महाराष्ट्र 421312, भारत
Lat 19.54159°
Long 73.08305°
05/02/24 02:01 PM GMT +05:30





Hande

DR. TUSHAR N. LOKHANDE

(PRINCIPAL)





Maharashtra Educational Society
H. K. College of Pharmacy, Jogeshwari (W),
Mumbai, Maharashtra

Title: A camp on “Ayushman Bharat Card” and campaign in collaboration with Sutantra Narayani Seva Trust .

Details of The Resource Person/Event: Sutantra Narayani Seva Trust.

Date: 10 th February 2024

Time: 04:00 pm onwards

Venue: Patliputra, MHADA Building, Oshiwara, Jogeshwari-West.

Organised by: Dr Sheela Yadav

Objectives: To create awareness regarding “Benefits of Ayushman Bharat Card”

Link for social media: Linked In:

Instagram: https://www.instagram.com/p/C3UXRdSILEA/?utm_source=ig_web_copy_link&igsh=MzRlODBINWFIZA==

facebook: <https://www.facebook.com/photo/?fbid=2084739421865733&set=a.218019115204449>

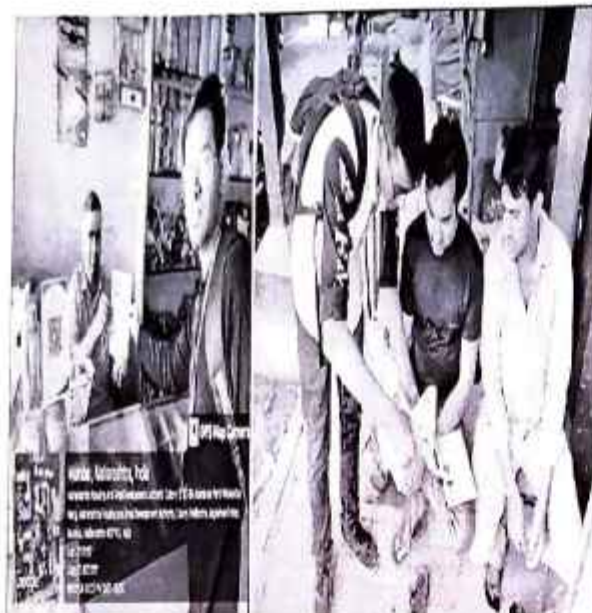
LinkedIn: https://www.linkedin.com/posts/h-k-college-of-pharmacy-mumbai-303524222_activity-7163421939414380544-uJC?utm_source=share&utm_medium=member_desktop

Participants Details: Total no. of college students: 9, Total no of Faculties: 1

Key Highlights of the Activity/Lecture: To support Pradhan Mantri Jan Arogya Yojana and to help community, PHO cell of H K college of Pharmacy has organized a camp on “Ayushman Bharat Card” and campaign in collaboration with Sutantra Narayani Seva Trust on 10th February 2024. 58 beneficiaries were benefited due to efforts taken by Principal Dr. Tushar Lokhande, lecturer in-charge Dr. Sheela Yadav , GS Walia , Ali Rizvi, PHO cell member students and kind help of NGO team members.

Brochure/Photo Gallery:





Mumbai, Maharashtra, India
 71, Prakash Nagar, Pataliputra, Jogeshwari West, Mumbai, Maharashtra 400102, India
 Lat: 19.169957°
 Long: 72.83892°
 11/02/24 01:48 PM GMT +05:30

MAHARASHTRA EDUCATIONAL SOCIETY'S **MES**
H.K. COLLEGE OF PHARMACY

In Collaboration with
SUTANTRA NARAYANI SEVA TRUST
 Organises
AYUSHMAN CARD CAMPAIGN

10th February, 2024

TIMING:
 Saturday : From 4pm Onwards

VENUE:
 Pataliputra, MHADA Building
 Oshiwara, Jogeshwari-West.



ORGANIZING COMMITTEE

DR. TUSHAR LOKHANDE PRINCIPAL	DR. SHEELA YADAV PHO HEAD
	MS. NIKHAT KHAN ASST. PRINCIPAL
WALIA KHAN GENERAL SECRETARY	ALTBIZVI PHO STUDENT HEAD

Sheela
Event Coordinators
Dr Sheela Yadav

Tushar
Dr. Tushar N. Lokhande
Principal



PRINCIPAL
H.K. COLLEGE OF PHARMACY
 Jogeshwari (W), Mumbai-400 102

Maharashtra Educational Society's

H K College of Pharmacy

Oshiwara, Jogeshwari (W), Mumbai: 400102.

SUBJECT: PERMISSION FOR VISIT IN VICINITY FOR AYUSHMAN CARD CAMPAIGN.

Date : 10/02/2024

Body:

Respected Sir,

Mention bellow are the students who are the volunteers for Ayushman card campaign organised by PHO Committee at MHADA building in the vicinity of our college under the guidance of Dr.Sheela Yadav PHO Head in collaboration with Sutantra Narayani Seva Trust.We will be leaving at 4:00 pm from the college premises.

THIRD YEAR

Name	Roll no	DIVISION
Walia Khan (General Secretary)	41	A
Ali Rizvi (PHO Head)	65	B

SECOND YEAR

Name	DIVISION
Aquib Hussain Shoaib khan Pradeep Goswami Praful Pandey	A

TEACHER INCHARGE
DR.SHEELA YADAV



Thank
DR.TUSHAR LOKHANDE
PRINCIPAL

PRINCIPAL
H.K.COLLEGE OF PHARMACY
Jogeshwari (W), Mumbai-400102

8976419305

Sohai Shaikh

9920482

R-2-24

- 31) Nisafaj → 7619817810
- 32) Hadisraan Azam Shaikh → 996799204
- 33) Nadirali Khairat Mujawar → 9322299649
- 34) Habibulla Salman → 9892845263
- 35) Amrita Yadav → 703991916
- 36) Vimala Devi → "
- 37) Anfn → 8097584561
- 38) Zaki → "
- 39) Mohamad husain → 9892647423
- 40) Anzari Samira Mohd Ali Shaikh → 9967494790
- 41) Mohammed Yusuf → 9819988032
- 42) Tanveer Anif A → 9892145966
- 43) Dhanendra Prasad Yadav → 8097483757
- 44) Dinath Yadav → 9930389238
- 45) Nalin Shetty → 9619835384
- 46) Shetty Nalini → "
- 47) Shamika Shetty → "
- 48) Salima Shafi → 7267802780
- 49) Sallanath Shafi → "
- 50) Amrin → 9892226073
- 51) Asha Shetty → 9619835384
- 52) Salim Yashwantrao → 9821441612
- 53) Mohammed Faisal → 7208203514
- 54) Sameer moosa Daylan → 868982335 86898232
- 55) Alfi Badshah Khan → 9769125936

7932 4667 4135 [ADHAAR CARD]

4041 2899 8555 [mohd Farzai]

[Signature]
PRINCIPAL

B.K. COLLEGE OF PHARMACY
MUMBAI-400 108





MAHARASHTRA EDUCATIONAL SOCIETY'S
H.K COLLEGE OF PHARMACY



WORLD CANCER DAY

 **4TH FEBRUARY**

**CANCER CAN'T CRIPPLE LOVE, IT
CAN'T DESTROY HOPE,
IT CAN'T CONQUER THE SOUL.**

ORGANIZING COMMITTEE

DR. TUSHAR LOKHANDE

PRINCIPAL

WALIA KHAN

GENERAL SECRETARY

MS. NIKHAT KHAN, DR. SHEELA YADAV

FACULTY INCHARGE

ALI RIZVI

PHO STUDENT HEAD

**VISION: TO BE RECOGNIZED AS THE INSTITUTION PROVIDING QUALITY EDUCATION
IN PHARMACY TO SERVE THE HEALTHCARE SECTOR.**



Maharashtra Educational Society
H. K. College of Pharmacy, Jogeshwari (W),
Mumbai, Maharashtra

Date: 05-02-2024

Title: Seminar on self-examination of breast cancer

Objectives:

- To understand the basics of cancer biology
- To learn about causes of cancer and its perturbations in day-to-day life
- To understand about self-examination of breast cancer

Place of Seminar: Room no. 401, H. K. College of Pharmacy

Details of The Resource Person/Event: **Ms. Nikhat Khan, Department of Pharmacology**

Key Outcome of the Activity/Lecture:

- Audience was able to learn about types cancers
- They were able to understand the various causes of different types of cancer
- Audience could understand the demographics and statics related to breast cancer and correlate its high prevalence
- They were able to understand the steps involved in self-examination of breast cancer
- They could also learn about preventive measures and relevant diagnostics tests for breast cancer prevention and early detection
- One of our faculty Dr. Sheela Yadav also visited the Fortis cancer hospital for a meet and greet session

Social media links:

instagram: https://www.instagram.com/p/C2_4M9Elw22/?utm_source=ig_web_copy_link

Facebook: <https://www.facebook.com/photo/?fbid=2079454585727550&set=a.218019115204449>

Linkedin : <https://www.linkedin.com/in/h-k-college-of-pharmacy-mumbai-303524222/recent-activity/all/>

Brochure/Photo Gallery:

 MAHARASHTRA EDUCATIONAL SOCIETY'S
H.K COLLEGE OF PHARMACY **MES**



WORLD CANCER DAY
4TH FEBRUARY
CANCER CAN'T CRIPPLE LOVE, IT
CAN'T DESTROY HOPE,
IT CAN'T CONQUER THE SOUL.

ORGANIZING COMMITTEE

DR. TUSHAR LOKHANDE PRINCIPAL	MS. NIKHAT KHAN, DR. SHEELA YADAV FACULTY INCHARGE
WALIA KHAN GENERAL SECRETARY	ALLURIZVI PHD STUDENT HEAD

VISION: TO BE RECOGNIZED AS THE INSTITUTION PROVIDING QUALITY EDUCATION
IN PHARMACY TO SERVE THE HEALTHCARE SECTOR.



Mumbai, Maharashtra, India
5/D, New Link Rd. Oshiwara, Jogeshwari West, Mumbai, Maharashtra 400102, India
Lat 19.16042°
Long 72.837701°
05/02/24 11:12 AM GMT +05:30

GPS Map Camera

Activity Coordinator
Ms. Nikhat Khan



Principal:

Dr. Tushar N. Lokhande

ATTENDANCE FOR KNOWLEDGE SESSION ON SELF-EXAMINATION ON BREASTCANCER

05-02-2024

Roll no.	Sign	
		4 - <u>Umasdevi</u>
43	<u>Moham</u>	36 - <u>Schyan</u>
47	<u>Aishu</u>	31 - _____
22	<u>Smitha</u>	56 - <u>Anbas</u>
07	_____	14 - <u>Alinda</u>
2	<u>ASRU</u>	52 - _____
03	<u>Shama</u>	48 - <u>_____</u>
06	<u>Aarti</u>	25 - <u>Ryesh</u>
42	<u>Anisha</u>	23 - <u>Vipul</u>
20	<u>Mallikaraj</u>	44 - _____
15	<u>Am</u>	45 - <u>Kat</u>
21	<u>ona</u>	32 - _____
9	_____	11 - <u>restia</u>
17	<u>Ashish</u>	10 - <u>neh</u>
12	<u>Kishankant</u>	1 - <u>_____</u>
46	<u>Rahul</u>	16 - _____
13	<u>Om</u>	24 - _____
40	<u>Shruti</u>	54 - _____
34	<u>Irfan</u>	53 - <u>A Farid</u>
15	_____	33 - <u>Mio</u>
29	_____	18 - <u>_____</u>
35	<u>Sahil</u>	19 - <u>Manoj</u>
51	<u>Abbas</u>	49 - <u>_____</u>

Date/Day: 20.07.2024, Saturday

Donation Drive and Health awareness campaign at Women's Orphanage

Objective:

- To help bridge the gap between people who are willing to aid the less fortunate and those in positions of necessity.
- To educate young girls about diseases and health hazards, with goals of prevention and encouraging them to take control of their health.

Program Outcome: PO1, PO6, PO8, PO9, PO11

Details of the Resource Person/Event:

Participants Details:

Total no. of college students: 09

Total no of Faculty: 02

Summary of the Lecture/Activity:

The Extension and Outreach Committee in collaboration with the Department of Lifelong Learning and Extension (DLLE) of MES's H. K. College of Pharmacy had organized a Donation drive from 13th July to 19th July 2024, on the college premises. The objective of the donation drive was to inculcate human values in the students and staff.

The students and staff of the college donated generously. The items which were donated include: Notebooks, Craft paper, Pens, Pencils, Crayons, and other stationary items.

Sr. No.	Items	Quantity
1.	Notebooks	35
2.	Pencils	143
3.	Pens	86
4.	Craft paper	10 packets
5.	Stationary kits	12
6.	Eraser	19
7.	Sharpener	10
8.	Paint brush	6
9.	Crayons	2 packets
10.	Compass box	2

A few students and faculty visited Snehasadan Women's Orphanage, Jogeshwari on 20th July 2024 and donated these items.

At the orphanage, our girl students interacted with the girls present; discussed about their daily schedule. With the help of posters, our students spread awareness about important topics such as, Anemia, Menstrual hygiene and Bone health. The girls at the orphanage were keen to listen and also asked their doubts to our students.

Brochure/Photo Gallery:



Key Outcome of the Lecture/Activity:

- Develop sense of responsibility towards society
- Develop the human values of sharing and donating
- Develop effective communication skills



Link for social media:

LinkedIn:	https://www.linkedin.com/posts/h-k-college-of-pharmacy-mumbai-303524222_on-20th-july-2024-students-of-hk-college-activity-7221094919195525121-83Bf?utm_source=share&utm_medium=member_desktop
Facebook:	https://www.facebook.com/photo/?fbid=928602795946030&set=a.470185965121051
Instagram	https://www.instagram.com/p/C9uJ_YrIOqM/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWF1ZA==

Ms. Nikhat Khan

Ms. Sayli Sawant

Event Coordinators

Dr. Anagha Raut

IQAC Coordinator

Dr. Tushar Lokhande

Principal





MAHARASHTRA EDUCATIONAL SOCIETY'S

H. K. COLLEGE OF PHARMACY

PRATIKSHA NAGAR OSHIWARA, JOGESHWARI (W), MUMBAI 400102

Affiliated to Mumbai University, Approved by A.I.C.T.E., P.C.I., D.T.E. & Govt. of Maharashtra

University Code: 738 A.I.C.T.E Approval No. 06/07/MS/PHARM/2008/007 D.T.E Code No. PH3234

VISION: To Be recognized as the Institution providing quality education in Pharmacy to serve the health care sector

MANGO SEED COLLECTION DRIVE

Date: 02-06-2023

Venue: H.K. College of pharmacy, Mumbai

The of HKCP organized a Mango seed collection drive on the occasion of World environment day on 2nd June 2023. The drive was celebrated but was preponed due to examination of students on 5th June. On this day students collected the dry mango seeds and submitted to NGO, Donate plant organization, Dadar (Mumbai). There was great enthusiasm amongst students for the drive. Our teaching and non-teaching staff also participated in the event. The overall feedback of the students was very positive when inquired about the same during regular schedule. Certificates were provided to all the participants. This concept, however, has yet to gain widespread acceptance in forestry practice. A response letter was received from the NGO where they appreciated the whole team of HKCP for the green initiative.

H K College of Pharmacy Organizes
Mango seed collection drive
On 2nd June 2023
In collaboration with NGO: Subhajeet Mukharjee foundation

- Kindly do not throw the seeds when you enjoy mango
- Collect it and donate to NGO
- Which help them grow more mango plants

Eat mango → collect seed → grow tree

Coordinators:
Ms. Mikhal Khan
Dr. Prathmesh kothawade

Principal:
Dr. M. K. Sane





MAHARASHTRA EDUCATIONAL SOCIETY'S

H. K. COLLEGE OF PHARMACY

PRATIKSHA NAGAR OSHIWARA, JOGESHWARI (W), MUMBAI 400102


Affiliated to Mumbai University, Approved by A.I.C.T.E., P.C.L, D.T.E. & Govt. of Maharashtra


University Code: 738 A.I.C.T.E Approval No. 06/07/MS/PHARM/2008/007 D.T.E Code No. PH3234

VISION: To Be recognized as the Institution providing quality education in Pharmacy to serve the health care sector



Teacher co-ordinators:

Ms. Nikhat Khan 
Mr. Prathmesh Kothawade


Principal:
Dr. M. N. Saraf



TEL NO.: 022-2688462 / 26788709 / 26774639 / 26776221 FAX NO. 022-26790095

Email: pharmacy.director@hkcp.edu.in

website: www.hkcp.edu.in



Maharashtra Educational Society
H. K. College of Pharmacy, Jogeshwari (W),
Mumbai, Maharashtra

DATE: 11th June, 2024

TITLE: Blood donation Camp Held at HKCP

Mumbai 11th June, 2024 : An altruistic action of organizing a blood donation camp was taken by extension and outreach committee in collaboration with internal quality assurance cell (IQAC) of H.K College of Pharmacy on 11th June, 2024.

OBJECTIVES :

- The primary objective of the blood donation camp was to save lives by collecting and providing a steady supply of blood to hospitals.
- To help raise awareness about the importance of donating blood regularly.
- To promote community engagement and solidarity.
- To use blood donation camps as educational opportunities to teach donors about the importance of maintaining a healthy lifestyle.

DETAILS OF THE EVENTS : This humanitarian initiative of blood donation was taken in association with Deepak Foundation's Anvishka Blood Bank and our institution felt obliged to be a part of such a noble cause. Mr. Wasim Khan was regarded as the chief guest of this auspicious occasion. The event was inaugurated by Mr. Wasim Javed Khan General Secretary of Maharashtra Educational Society and headed by Principle Dr. Tushar Lokhande . At 10:30 am the blood donation programme was started and the donors were required to register upon arrival, providing necessary details such as contact information and medical history. This information was crucial for screening potential donors for eligibility. The programme was held in a clean and hygienic environment .The blood bank team included quiet experienced and qualified doctors and technicians .The donors underwent a requisite and mandatory health check up before donation .The prerequisite of donating blood was a five year blood bank insurance facilitated by Anviksha blood bank. Extension and outreach committee faculty in charges Dr. Sheela Yadav and Ms. Nikhat Khan were constantly present and were monitoring the easy flow of all the activities.

HIGHLIGHTS OF THE EVENT :

Certificates as Tokens of Appreciation: Each donor received a certificate of appreciation as a small token of gratitude for their contribution to the cause.

Refreshments and Post-Donation Care: After donating blood, donors were provided with refreshments and instructed to rest for a brief period.

Felicitation of the doctor : Our honourable Principal Dr. Tushar Lokhande felicitated the Dr. Devang Shah of Anvishka Blood Bank for organizing this noble event.

Pre-Camp Promotion: The outreach team, along with college volunteers, conducted a robust promotional campaign in the weeks leading up to the camp. This included posters, social media announcements, and informational sessions to educate potential donors about the benefits of blood donation. An enthusiastic response was received from students of all the years who cordially volunteered for the event.



**Maharashtra Educational Society
H. K. College of Pharmacy, Jogeshwari (W),
Mumbai, Maharashtra**

Total Number of Volunteers : 9

The brochures of the events are depicted above.

Total Number of Donors : A high enthusiasm was seen in all the students , college faculty and outside doners towards the Blood Donation Camp and total **28 people** donated blood. A total 350 units of blood was collected from each donor.

Number of college students, Faculties and staff: 17

Number of outsiders: 11

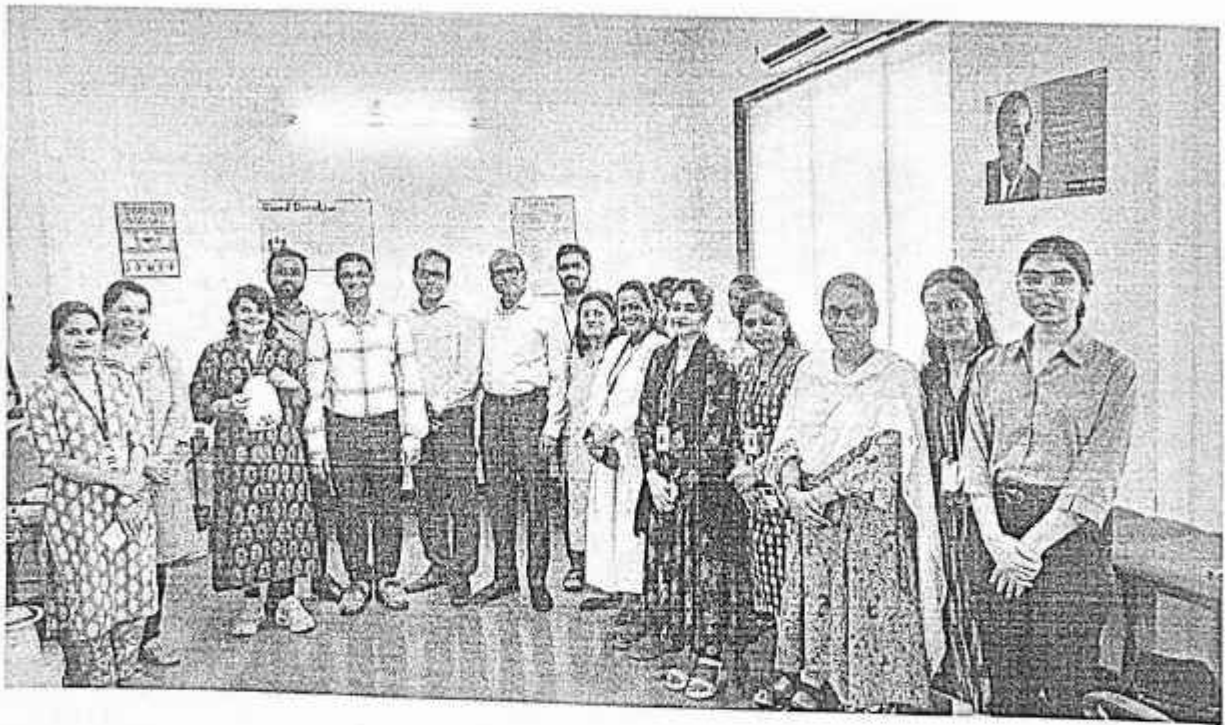
Links for social media:

Instagram: https://www.instagram.com/p/C8JIP2UI7kR/?utm_source=ig_web_copy_link&igsh=MzRIOD8iNWFIZA==

Facebook: <https://www.facebook.com/photo/?fbid=902881981851445&set=a.470185965121051>

GLIMPSE OF THE EVENT:







MAHARASHTRA EDUCATIONAL SOCIETY'S
H.K. COLLEGE OF PHARMACY
 NAAC Accredited with grade 'A' (First Cycle)



**Extension and Outreach
 Committee**
 In Collaboration with
 Internal Quality Assurance
 Cell (IQAC)



**ORGANIZES
 BLOOD DONATION CAMP**



JUNE 11, 2024

**'ALONE I CAN'T. BUT
 TOGETHER WE CAN'**



**DONATE BLOOD,
 SAVE LIVES,
 AND BE A HERO !!!**

Vision: To be recognized as the institution providing quality education in pharmacy to serve the healthcare sector.



MAHARASHTRA EDUCATIONAL SOCIETY'S
H. K. COLLEGE OF PHARMACY
 NAAC Accredited with grade 'A' (First Cycle)



Who all can donate?

- Age between 18 and 60 years
- Haemoglobin - not less than 12.5 g/dl

**We humbly request you
 all to donate generously!**

Venue - Lecture Hall No. 209,
 2nd Floor, HKCP.

Timing - 10 am to 4 pm.

**CERTIFICATE AND CARD WILL BE PROVIDED
 VALIDITY: 5 YEARS.**

REFRESHMENT WILL ALSO BE PROVIDED.

ORGANIZING COMMITTEE

Student Council

Wafia Khan
 GENERAL SECRETARY

ALI RIZVI
 STUDENT HEALTH
 OFFICER

Faculty In-Charge

Dr. Tushar Lokhande
 PRINCIPAL

Dr. Sheela Yadav
 EXTENSION AND OUTREACH
 COMMITTEE IN-CHARGE


Vision: To be recognized as the institution providing quality education in pharmacy to serve the healthcare sector.




https://drive.google.com/drive/folders/1urCkCUUXgmhrxLeLQ_yb6BQoTe0LYHTO

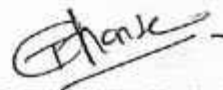
CONCLUSION: The Blood Donation Camp organized by outreach team at HKCP was a commendable effort that contributed significantly to the well-being of the community. It not only saved lives but also promoted a culture of empathy, responsibility, and humanitarianism among the college's stakeholders.

EVENT CO ORDINATORS:


DR. SHEELA YADAV
(FACULTY INCHARGE)


MS. NIKHAT KHAN
(FACULTY INCHARGE)




DR. TUSHAR LOKHANDE
PRINCIPAL

PRINCIPAL
H.K. COLLEGE OF PHARMACY
Jogeshwari (W), Mumbai-400 101



**Maharashtra Educational Society
H.K College Of Pharmacy, Jogeshwari (W),
Mumbai, Maharashtra**

Date: 15th June 2024

Title: A visit to old age home to donate supplies

Objectives:

- To provide companionship and to gain knowledge about elder people's feelings and the services and facilities provided to them and how the old age home is maintained.
- The goal of this event was to inspire and empower youth to contribute actively to societal progress.

Participants Details:

Total no. of college students: 5

Total no. of outside students: 0

Total no. of Faculties: 3

Social Media Link:

Instagram Link: <https://www.instagram.com/p/C8ZHjoGtwil/>

Facebook Link :

<https://www.facebook.com/photo/?fbid=906868408119469&set=a.470185965121051>

LinkedIn : <https://www.linkedin.com/feed/update/urn:li:share:7209128414409072641/>

Key Outcome of activity:

- The activity sensitized the students and the faculty members towards life.
- It turned out to be a memorable day for everyone who participated in the noble work and positive feedback was received from the elder people in the form of their smiles.
- Importance of community engagement was inculcated in the students.

Key Highlights of activity:

- Community engagement
- Awareness building
- Positive impact on lives
- Social Responsibility



Maharashtra Educational Society
H.K. College Of Pharmacy, Jogeshwari (W),
Mumbai, Maharashtra

Photo Gallery:



Event Coordinators:

Ms. Nikhat Khan

Extension and Outreach Committee incharge

Dr. Roja rani Budha

Ms. Saba Khan

Dr. Tushar N. Lokhande
(Principal)



Maharashtra Educational Society
H. K. College of Pharmacy, Jogeshwari (W),
Mumbai, Maharashtra

Title: Mindfulness session on International Yoga Day at H. K. College of Pharmacy

Date: 21st June 2024

Venue: Gymkhana Room, 4th Floor and Time:- 11:30 am to 12:30pm

Organized By: Dr Sheela Yadav

Objectives:

- Yoga Day aims to encourage people to incorporate yoga into their daily routines to achieve better physical well-being.
- Enhancing Mental Well-being: - Yoga is known for its mental health benefits, including reducing stress, anxiety, and depression.

Mode of the session: OFFLINE

Participants Details: All teaching and non -teaching staff.

Link for social media:

Instagram: https://www.instagram.com/p/C8g4r4lo2rt/?utm_source=ig_web_copy_link&igsh=MzRIODBiNWFIZA==

Facebook: <https://www.facebook.com/photo/?fbid=908841587922151&set=pcb.908842811255362>

Key Outcome of the Activity/Lecture:

- Yoga practices such as asanas (postures), pranayama (breathing exercises) and meditation are effective in reducing stress, anxiety and depression.
- They promote mental clarity, focus and emotional stability. By celebrating this day, awareness is raised about the role of yoga in mental well-being.

Brochure/Photo Gallery:





The session was successfully conducted by Dr Sheela Yadav and supported by Principal Dr Tushar Lokhande. All participants were overwhelmed and decided to include yoga exercises in their daily routine.

Lokhande
DR. TUSHAR N. LOKHANDE
(PRINCIPAL)

